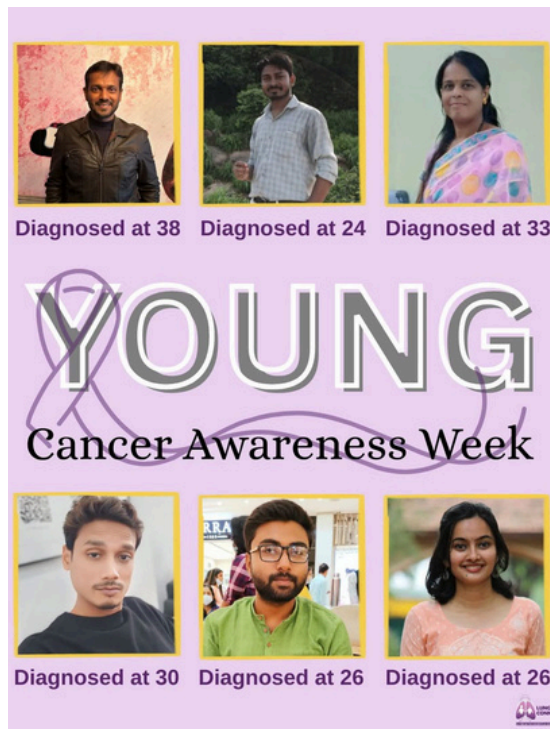


Lung Connect India Foundation NEWSLETTER

What is happening in the organisation?

Young Cancer Awareness Week underscores the reality that lung cancer can affect younger individuals, including non-smokers, often resulting in delayed diagnosis. It disrupts pivotal stages of life and presents distinct clinical and psychosocial challenges, including a higher likelihood of specific genetic mutations. The initiative highlights the importance of early awareness, timely intervention, and addressing the stigma associated with the disease.



Gangetic Cancer Conclave- Chapter 2

Lung Connect India Foundation expresses its sincere gratitude to Dr. Amit Kumar for extending an invitation to Mr. Sanjeev Sharma to attend the Gangetic Cancer Conclave – Chapter 2 in Gaya. The workshop on cancer genetics was exceptionally informative, with a distinguished focus on the translation of genomic science into clinical practice, particularly in advancing precision oncology and enhancing patient care. The session convened an eminent panel of experts, including Dr. Kumar Prabhash, Ms Suruchi Aggarwal, Dr Trupti Pai, Dr Archi Rungta, Ms Anjana Anoop, Ms Srushti Uthale, Dr Rachita Rungta, and Prof. Anuj Gupta, and was skillfully moderated by Dr Akhil Kapoor.



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Regional Summit of ASPIRE for Lung Cancer

Mr. Sanjeev Sharma, Director of the Lung Connect India Foundation (LCIF), participated in the Regional Summit of ASPIRE for Lung Cancer held on 24 April 2026 in Bangkok, Thailand. The summit brought together leading medical experts, patient advocates, healthcare professionals, policymakers, and key stakeholders from across the region with a shared objective of advancing lung cancer care, strengthening regional collaboration, and improving patient outcomes.

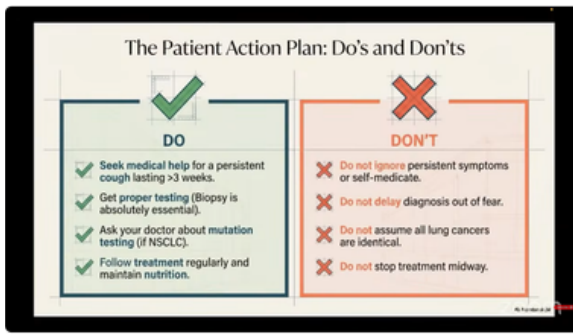
Mr. Sharma's participation highlighted LCIF's continued commitment towards raising awareness, promoting patient advocacy, and strengthening support systems for individuals affected by lung cancer, both in India and globally. The summit served as an important platform for exchanging knowledge, discussing emerging trends in treatment and patient care, and addressing challenges related to access, early diagnosis, and equitable healthcare delivery.

The forum also encouraged meaningful discussions on policy perspectives, innovative care models, and collaborative strategies aimed at reducing disparities in lung cancer care across different regions. Through such international engagements, LCIF continues to contribute actively to global conversations on patient-centred care and to foster partnerships that can help improve the quality of life and outcomes for lung cancer patients worldwide.



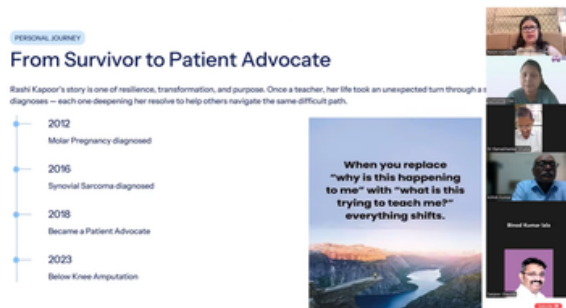
Podcast

In a recent episode of the internationally recognised podcast "Lung Cancer Considered", Dr Narjust Florez was joined by Mr Sanjeev Sharma and Ms Vandana Mahajan to discuss the role of Lung Connect India Foundation in addressing these gaps. The conversation highlighted the Foundation's work in strengthening patient support through advocacy, structured patient navigation, and community engagement. It underscored the importance of creating a more accessible, informed, and patient-centred approach to lung cancer care. The episode is available across multiple platforms, broadening its reach to a global audience.



Mumbai Chapter

Lung Connect India Foundation successfully conducted its 175th Support Group Meeting – Mumbai Chapter on 10th April 2026. During the session, Dr. Minit explained the types of lung cancer, NSCLC and SCLC, in simple and easy-to-understand terms, while also highlighting important symptoms that should not be ignored. Dr Vivek Kumar addressed all the queries of the meeting participants. The meeting also featured inspiring words of motivation and shared experiences from Pawan Kumar and Anam Chandra Maurya.



Gujarat Chapter

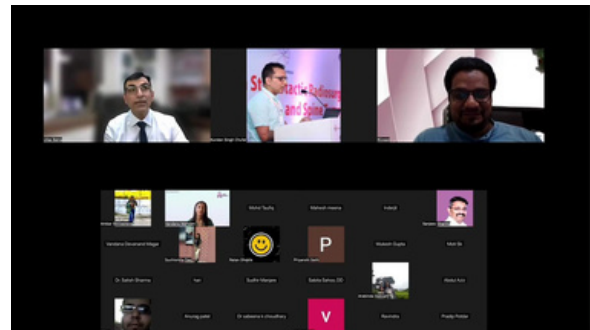
Lung Connect India Foundation successfully concluded its 177th Support Group Meeting – Gujarat Chapter on 24th April 2026. During the session, Ms. Rashi Kapoor shared valuable insights on “Cancer Care in India: How NGOs are Filling the Gap,” highlighting the important role of patient support groups in bridging the gap between doctors and patients through support, guidance, and hope. The meeting emphasized meaningful collaboration among doctors, patients, advocates, and researchers to improve cancer care and patient outcomes. Dr. Palak addressed participants' queries, while Mr. Ashok Kumar and Mr. Rama Shankar Shukla shared inspiring words of wisdom and encouragement.

मनोसामाजिक देखभाल के मुख्य घटक

- **तनाव की जांच (Distress Screening):** नियमित रूप से चिंता, अवसाद और सामाजिक जरूरतों की जांच करना।
- **मनो-शिक्षा (Psycho-education):** रोगी को उसकी स्थिति के बारे में सही जानकारी देकर डर कम करना।
- **परामर्श और थेरेपी:** नकारात्मक विचारों और डर को प्रबंधित करने के लिए 'कॉग्निटिव बिहेवियरल थेरेपी' (CBT)।
- **सहायक/उपशामक देखभाल (Palliative Care):** जीवन की गुणवत्ता सुधारने के लिए विशेषज्ञों की टीम का सहयोग।
- **सोशल सपोर्ट ग्रुप:** समान अनुभव वाले अन्य लोगों के

UP-Bihar Chapter

Lung Connect India Foundation successfully concluded its 176th Support Group Meeting – UP-Bihar Edition on 15th April 2026. The session focused on the psychological impact of cancer, where Ms. Ruchi emphasized that “Cancer does not spread through touch” while highlighting the importance of awareness and empathy. Discussions also addressed anxiety, depression, and the need for regular psychological assessment. Dr. Amit addressed participants' queries and encouraged the importance of holistic care and emotional support during the cancer journey.



Delhi Chapter

Lung Connect India Foundation conducted an interactive session on “Targeted Therapy and Immunotherapy in Lung Cancer: Triumphs & Challenges” on 27th April 2026. The discussion focused on the differences between targeted therapy and immunotherapy, highlighting how treatment decisions depend on factors such as genetic mutations, cancer type, stage, and overall patient health. Doctors emphasized the importance of biomarker testing, accurate diagnosis, and clear communication between patients and healthcare providers to support informed decision-making. Moderated by Mohammad Rizwan, the session also addressed practical concerns of patients and caregivers, creating a personalized and engaging platform for meaningful discussions on lung cancer care.

PATIENT SUPPORT GROUP MEETING FOR GERIATRIC PATIENTS



Lung Connect India Foundation successfully conducted its 48th Geriatric OPD Support Group Meeting on 17th April 2026 on the topic “Role of Patient Navigation in Lung Cancer,” followed by an interactive Q&A session. The meeting highlighted the importance of patient navigation in helping individuals and caregivers understand treatment pathways, access timely care, manage appointments, and receive emotional and practical support throughout the cancer journey. The session encouraged open discussion, addressed participants’ concerns, and emphasized the value of guided support in improving the overall patient experience and quality of care.

At Lung Connect India Foundation (LCIF), our Buddy Program stands as a reminder that support goes beyond treatment. By connecting patients and caregivers with trained survivors and experienced peers, we are building a network rooted in empathy, understanding, and shared strength.

Each interaction offers more than guidance—it brings comfort, reduces fear, and helps individuals feel seen and heard during a challenging time. As the program continues to grow, so does its impact across our community.

BUDDY PROGRAM- SAATH NIBHAAYE HAUSLA BADHAAYE

बडी प्रोग्राम
साथ निभाए, हौसला बढ़ाए

क्यों जुड़ें हमारे बडी प्रोग्राम से?

लंग कैंसर के इलाज की जटिलताओं को समझना एक कठिन प्रक्रिया हो सकती है, और यही कारण है कि लंग कनेक्ट का बडी प्रोग्राम मरीजों की देखभाल के अनुभव में एक महत्वपूर्ण भूमिका निभाता है। एक बडी एक भरोसेमंद सहयोगी होता है, जो मरीजों को इलाज से जुड़ी विभिन्न जिम्मेदारियों और कार्यों को प्रबंधित करने में मदद करता है।

- भावनात्मक सहयोग
- स्वास्थ्य देखभाल में समन्वय
- दुष्प्रभावों के प्रबंधन में सहायता
- वित्तीय मार्गदर्शन
- देखभाल में सहायता

बडी बनें

बडी का अनुरोध करें

SOCIAL MEDIA CONTENT PERFORMANCE REPORT

Lung Connect India Foundation

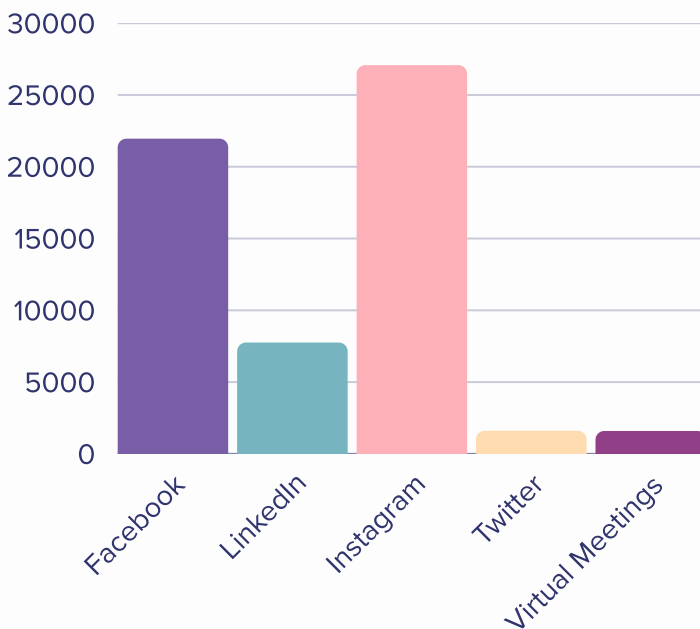


Total Reach
7.9 Million

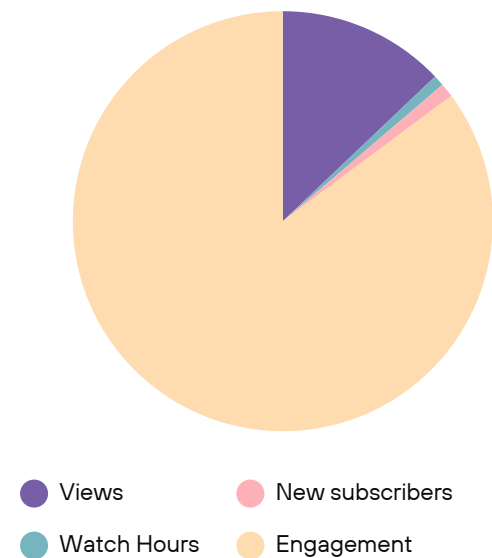


Total Subscribers
15,000

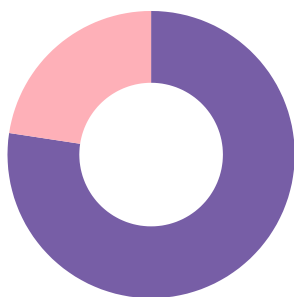
Content Type Performance- Social Media



YouTube performance



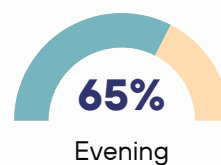
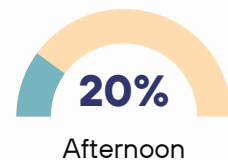
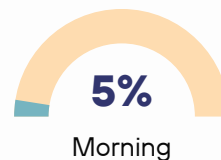
Audience Geography Insight



77.4%
Indian

22.6%
International

Peak Engagement Times





PUBLICATION

One alarming truth she emphasizes upon is that lung cancer is increasingly seen among young people, even non-smokers.

NO LOOKING BACK

"I am Suchismita Das. A lung cancer survivor. A patient advocate at Lung Connect India Foundation." Her words are simple. Yet behind them is a journey, that did reshape her life.

At 22, Suchismita Das was in her second year of engineering, with the aspirations of a young woman shaping her future. Today at 28, she stands not just as a lung cancer survivor but an embodiment of strength, advocacy and hope.

When someone is diagnosed with cancer, it is never just one person fighting. Families carry emotional and financial burdens too. Medicines can be costly, especially in advanced stages. For Suchismita, her greatest pillar was her father. From arranging accommodation in Mumbai to managing hospital visits, he stood by her through every cycle of treatment.

She also found strength in unexpected places. Other patients.

"When you see someone else going through the same, you think, 'If they can do it, I can too.'"

That shared courage is what makes all the difference doesn't it?

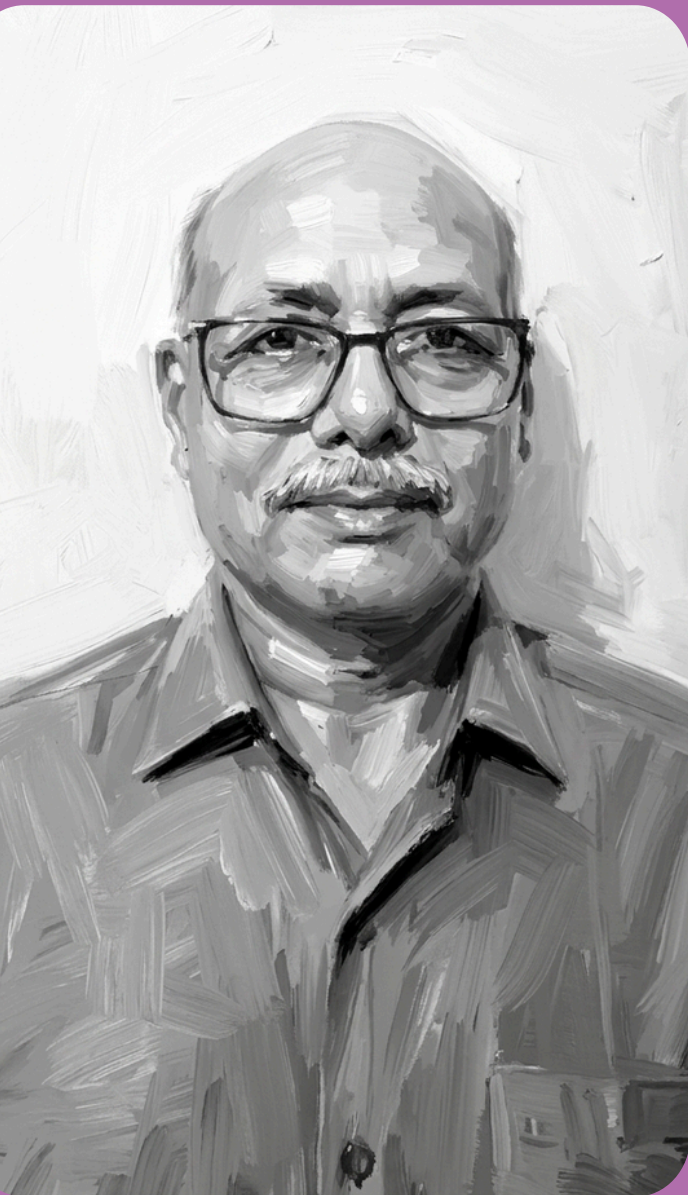
That's why Lung Connect India Foundation runs a free "Buddy Programme." Newly diagnosed patients are connected with survivors who volunteer to guide them through the first difficult months. From managing side effects to finding the right food, doctors, and emotional balance.

PATIENT/ CAREGIVER CORNER

ASHOK KUMAR

PERSON LIVING WITH LUNG CANCER

JHARKHAND, INDIA



I am Ashok Kumar from Jharkhand, India. I was diagnosed with lung cancer in April 2024. My cancer has an ALK-positive mutation. While my body may be sick, in my head I truly believe that I am fine. I continue to do all my daily chores by myself and make a conscious effort to stay active. Walking has become a part of my routine—I walk almost 6 to 8 kilometers every day. I often compare my body to a car. A car has many parts, just like our body has many organs. Sometimes, a few parts develop problems, but that doesn't mean the entire car stops working. You repair what is damaged and keep moving forward. That is exactly how I look at my illness. What troubles me the most is the question—why did I get lung cancer?

