

157th

SUPPORT GROUP MEETING MUMBAI-MAHARASHTRA

KNOW YOUR DRUGS SERIES

Topic

**KNOWING THE SIDE EFFECTS AND MANAGEMENT OF CHEMOTHERAPY
in
LUNG CANCER**

Followed by Q & A Session by Dr Ashok & Dr Arvind

GUEST SPEAKERS



DR SUNIL CHOPADE
Senior Consultant
Medical Oncology
Jaslok Hospital and Research
Centre, Mumbai



DR ASHOK SINGHAL
Medical Oncologist
TMH, Mumbai



DR ARVIND VAIDYANATHAN
Medical Oncologist
TMH, Mumbai



MR RAVI PRATAP
Living with Lung Cancer
Bihar

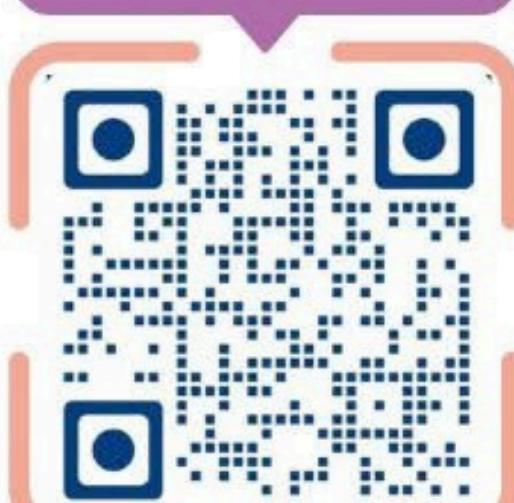
MODERATOR



MS VANDANA MAHAJAN
Lead Counselor
Lung Connect India Foundation



SCAN ME



TO JOIN SOCIAL MEDIA

SCAN ME



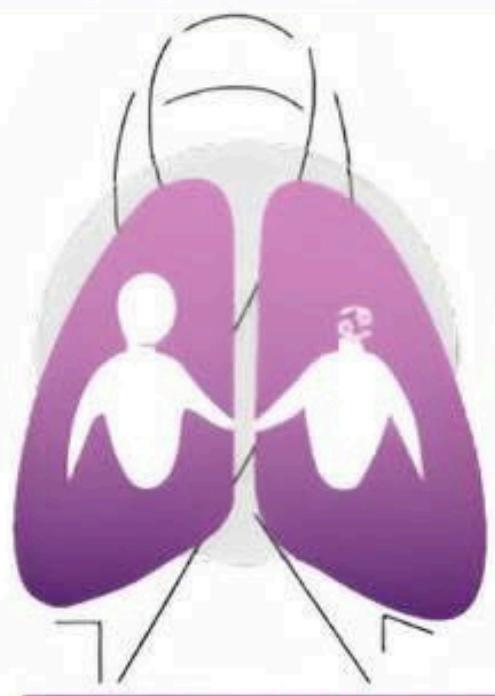
TO JOIN MEETING



More information
+91 73040 14717



Visit our website
lungconnectindia.org



**LUNG
CONNECT**

A FORUM FOR PATIENTS & CAREGIVERS

157TH SUPPORT GROUP MEETING – MUMBAI

KNOWING THE SIDE-EFFECTS OF CHEMOTHERAPY IN LUNG CANCER

KEY TAKEAWAYS

- Lung Connect India Foundation successfully concluded its 157th Support Group Meeting – Mumbai Chapter on 10th October 2025.
- It was successfully conducted with active participation from patients, caregivers, and experts.
- Dr. Sunil delivered an insightful talk on chemotherapy and its side effects, covering:- Common side effects such as nausea, diarrhea, and fatigue and Uncommon and complex effects including convulsions.
- Dr. Arvind addressed and resolved multiple patient queries.
- Mr. Ravi, a young non-smoker lung cancer patient, shared his motivational journey and words of wisdom, inspiring fellow participants.

Side Effects and Toxicities of Chemotherapy

DR SUNIL R CHOPADE
CONSULTANT MEDICAL ONCOLOGY
JASLOK HOSPITAL AND RESEARCH
CENTRE, MUMBAI

zoom

PANELIST:

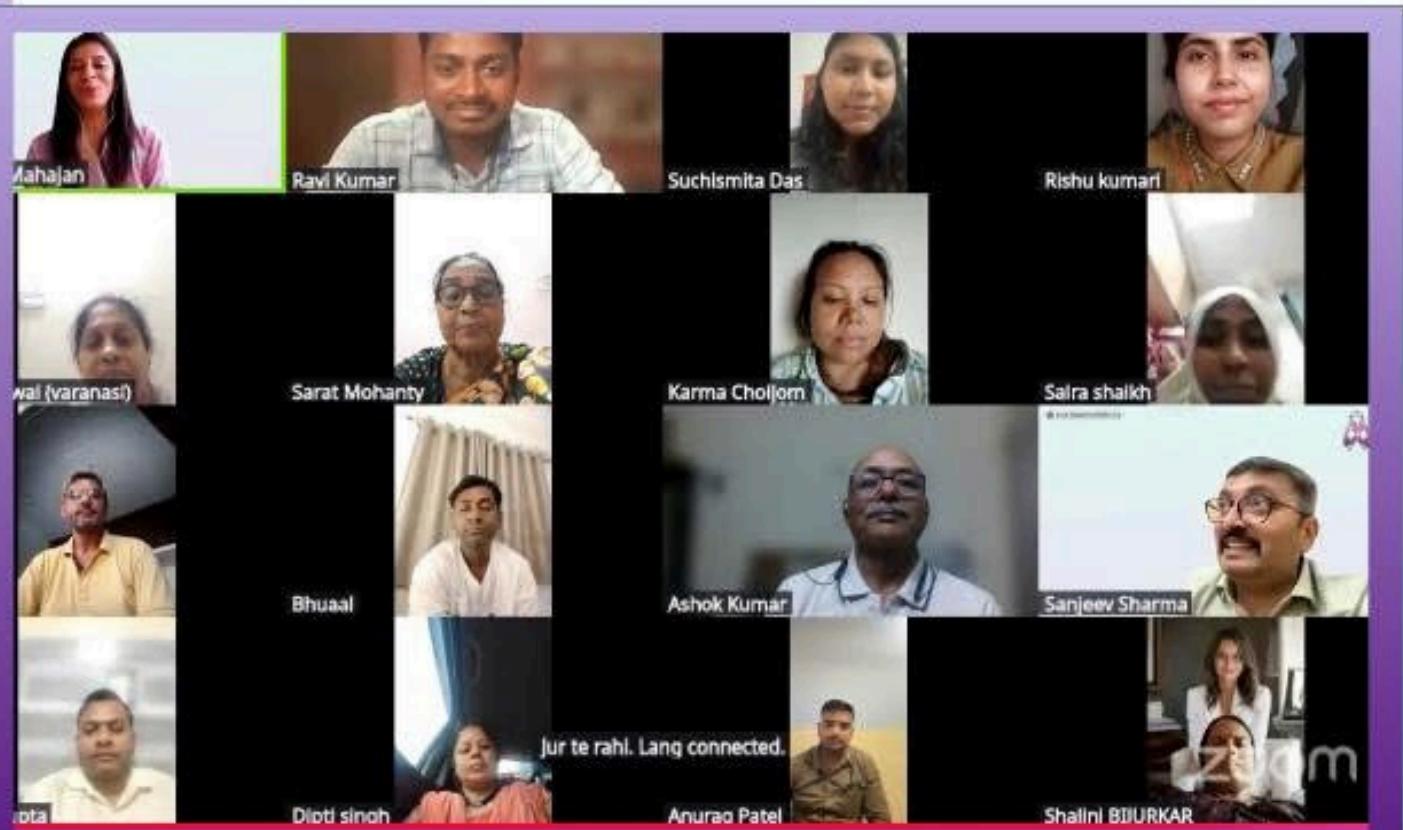
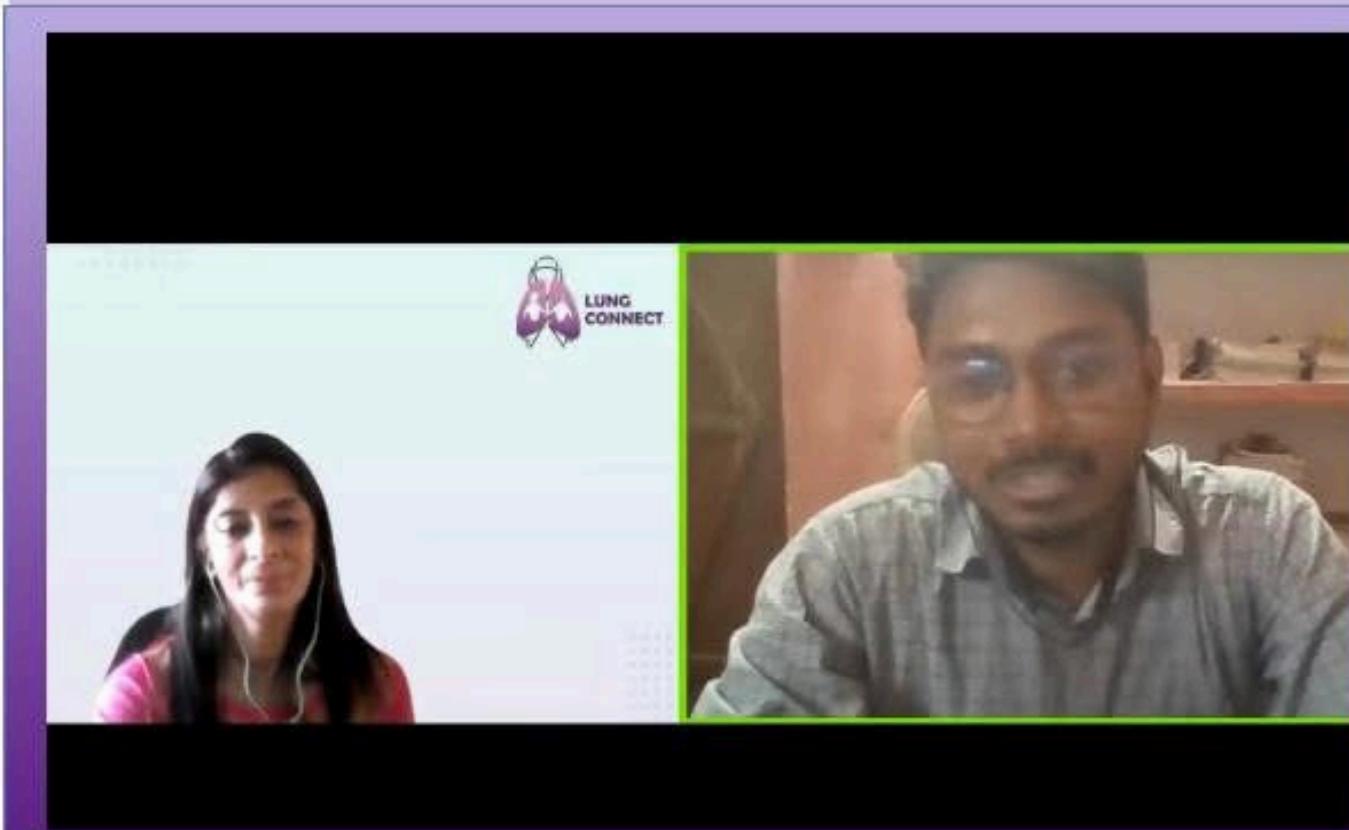
DR SUNIL CHOPADE
MEDICAL ONCOLOGIST
JASLOK HOSPITAL AND
RESEARCH CENTRE, MUMBAI



DR ARVIND VAIDYANATHAN
MEDICAL ONCOLOGIST
TMH, MUMBAI



MR RAVI PRATAP
LIVING WITH LUNG CANCER



158th SUPPORT GROUP MEETING UP-BHAR



Topic:

Role of Radiation Oncology in the treatment of Lung Cancer

Followed by Q&A session with Dr Akhil Kapoor and Dr Amit Kumar

KEYNOTE SPEAKER



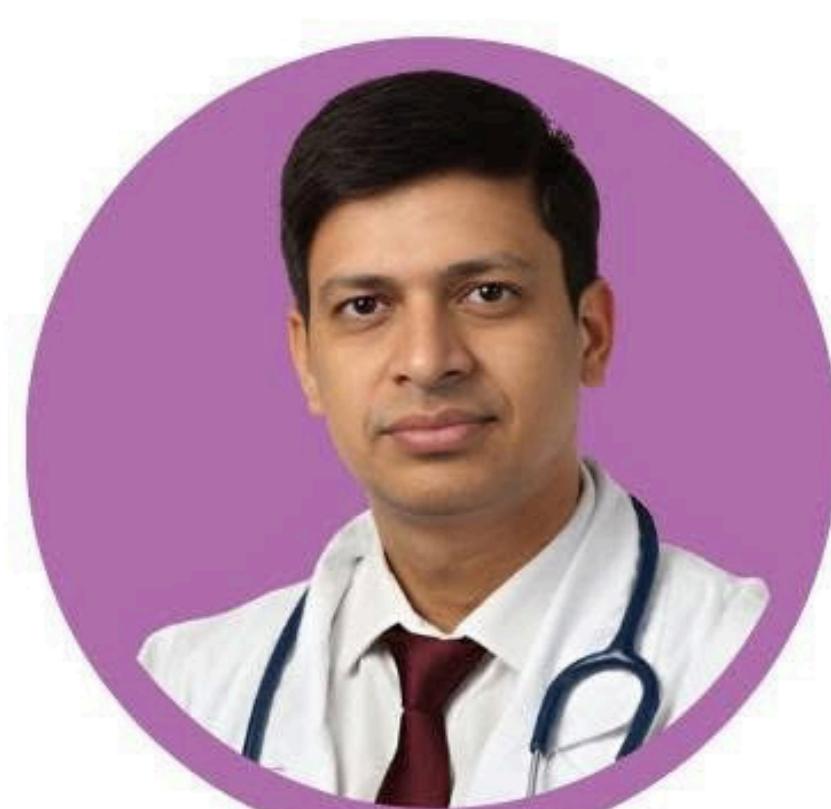
DR AJAY CHOUBEY

Associate Professor
Dept of Radiation Oncology
MPMMCC, Varanasi



DR AMIT KUMAR

Senior Medical Oncologist
Medanta Hospital
Patna



DR AKHIL KAPOOR

Professor
Medical Oncology
MPMMCC, Varanasi



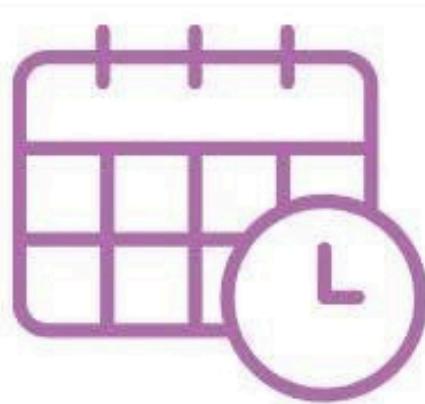
ASHOK KUMAR

Living with lung cancer
Patient Advocate



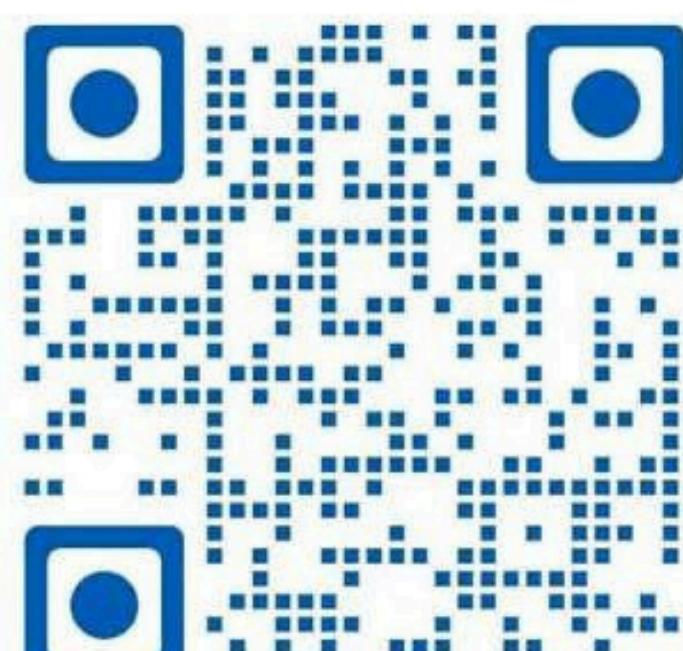
PRABHAT RANJAN

Caregiver
Moderator

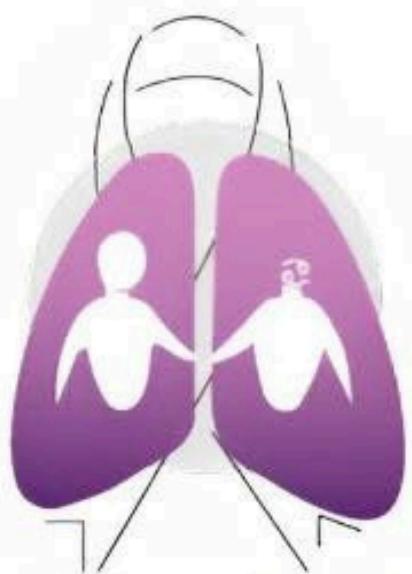


**15th October 2025
4pm onwards**

JOIN ZOOM MEETING



JOIN OUR SOCIAL MEDIA



**LUNG
CONNECT**

A FORUM FOR PATIENTS & CAREGIVERS

158TH SUPPORT GROUP MEETING - UP-BIHAR

ROLE OF RADIATION ONCOLOGY IN THE TREATMENT OF LUNG CANCER

KEY TAKEAWAYS

- Lung Connect successfully concluded its 158th Support Group Meeting- UP-Bihar Chapter held on 15th October 2025.
- Dr. Ajay Choubey explained radiation therapy in simple and easy-to-understand terms.
- He highlighted that radiation works locally on tumours to control the disease.
- He discussed the different procedures and safety precautions involved during radiation treatment.
- He emphasized that early detection should be the main goal, as cancer becomes more dangerous in its advanced stages.
- Dr. Amit Kumar addressed and clarified patients' queries effectively.



PANELIST:

DR AJAY CHOUBEY
Radiation Oncologist
MPMMCC, Varanasi



DR. AKHIL KAPOOR
Professor
Medical Oncology
MPMMCC, Varanasi



DR. AMIT KUMAR
Senior Consultant
Medical Oncology
Medanta Hospital, Patna



42nd GERIATRICS OPD SUPPORT GROUP MEETING

Every fight becomes a little bit easier when we fight it together.



TOPIC OF DISCUSSION

Do's and Dont's for diet during Cancer treatment

We have Dr. Anupa Pillai and Dr. Ashok Singhal as our support.

We also welcome our guest Dr Purabi Mahajan

FRIDAY- 17th OCTOBER 2025
4:00 pm



Dr Purabi Mahajan
Senior Dietician
TMH, Mumbai



Dr Ashok Singhal
Medical Oncologist
TMH, Mumbai



Dr Anupa Pillai
Geriatrician
Tata Memorial Hospital



Ratan Dhekale
Patient Advocate
Moderator

JOIN US

[https://us06web.zoom.us/j/86748530411?
pwd=jCK1fB4lisytQngh2ba9FKz7bbCYvv.1](https://us06web.zoom.us/j/86748530411?pwd=jCK1fB4lisytQngh2ba9FKz7bbCYvv.1)



Meeting Id:-
867 4853 0411
Pass code :- 213876

159th

SUPPORT GROUP MEETING- GUJARAT



TOPIC

MINDS MATTER TOO

PRIORITIZING MENTAL HEALTH IN LUNG CANCER JOURNEY



KEYNOTE SPEAKER

MS LEKHIKA SONKUSARE
ONCO- PSYCHOLOGIST
TMH, MUMBAI



DR RUSHABH KOTHARI
MEDICAL ONCOLOGIST
AHMEDABAD



DR PALAK BHATT
MEDICAL ONCOLOGIST
AHMEDABAD



PARESH SHAH
LIVING WITH LUNG CANCER
PATIENT ADVOCATE

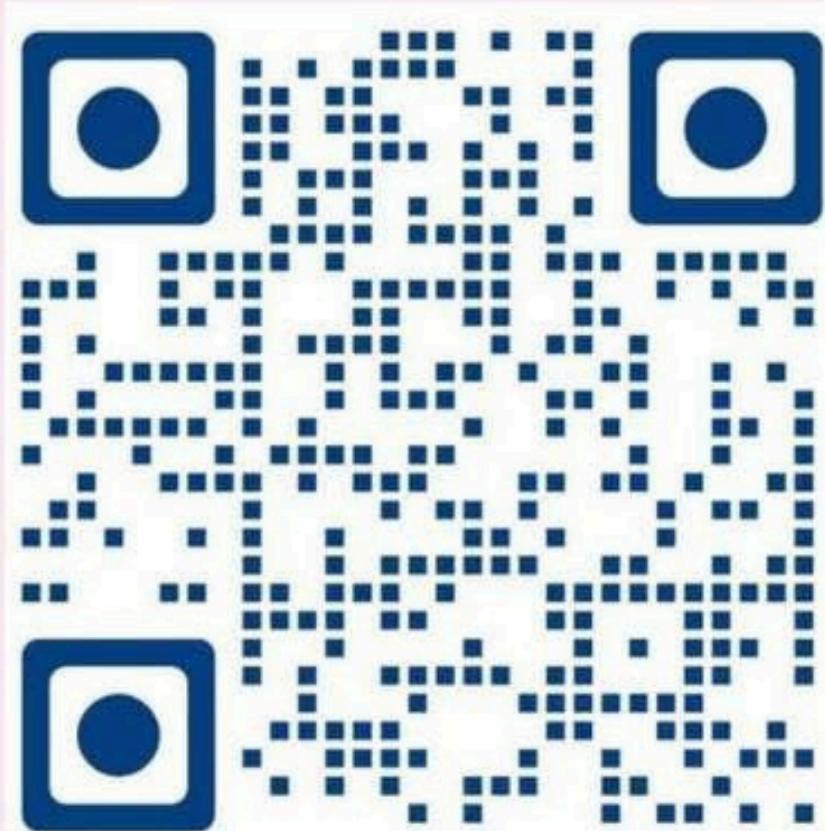


SUCHISMITA DAS
LUNG CANCER SURVIVOR
MODERATOR

Join Meeting



Join our social media



Every last Friday

AT 04:00 PM





**LUNG
CONNECT**

A FORUM FOR PATIENTS & CAREGIVERS

159TH SUPPORT GROUP MEETING – GUJARAT

MINDS MATTER TOO – PRIORITIZING MENTAL HEALTH IN LUNG CANCER

KEY TAKEAWAYS

- Lung Connect successfully concluded its 159th Support Group Meeting - Gujarat which was held on 31st October 2025.
- This time, we invited Ms Lekhika Sonkusare who gave an impactful session about mental health.
- She mentioned that frustration and anger are very common in the newly diagnosed patients.
- We must acknowledge all the feelings (anxiety) that the patient is going through.
- Sometimes, we see sleep deprivation and irritability in patients too.
- Later Dr Palak Bhatt addressed all the queries of the meeting participants.

PANELISTS

MS LEKHIKA SONKUSARE
PSYCHO- ONCOLOGIST
TMH, MUMBAI



DR. PALAK BHATT
Medical Oncologist
Ahmedabad



MR. PARESH SHAH
Lung Cancer Patient & Patient Advocate, Lung Connect.



- Lung cancer is a major public health problem in both developed and developing countries
- Common psychosocial issues in lung cancer are uncertainty, fear, anxiety, depression, stigma
- Integrating mental health resources into cancer care settings facilitates early identification and intervention for individuals with psychological distress
- Evidence based psychological intervention helps patient to cope effectively and enhance QOL

