

LUNG CONNECT INDIA FOUNDATION'S

SUPPORT GROUP MEETING

MUMBAI-MAHARASHTRA

136th

Topic

SURGICAL OPTIONS IN LUNG CANCER

Followed by Q & A Session by Dr Mehak Trikha

GUEST SPEAKERS



DR PRRIYA ESHPUNIYANI

Consultant Thoracic (Chest)
Surgeon
Mumbai



DR MEHAK TRIKHA

Medical Oncologist
TMH, Mumbai



MS SHREYA BURMAN

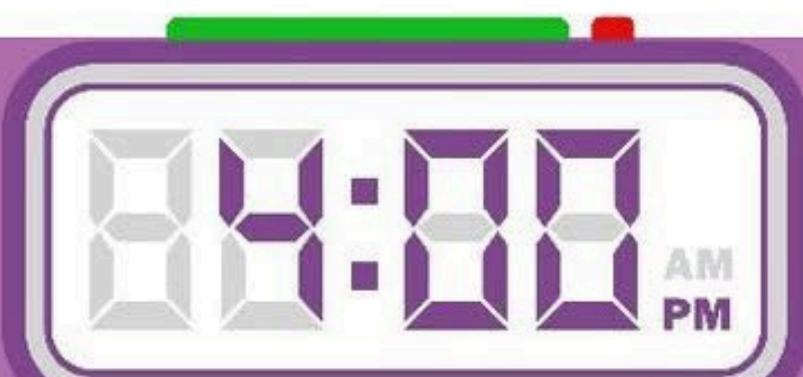
Caregiver
Howrah, West Bengal

MODERATOR



MS VANDANA MAHAJAN

Lead Counselor,
Lung Connect India Foundation



More information
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Visit our website
lungconnectindia.org





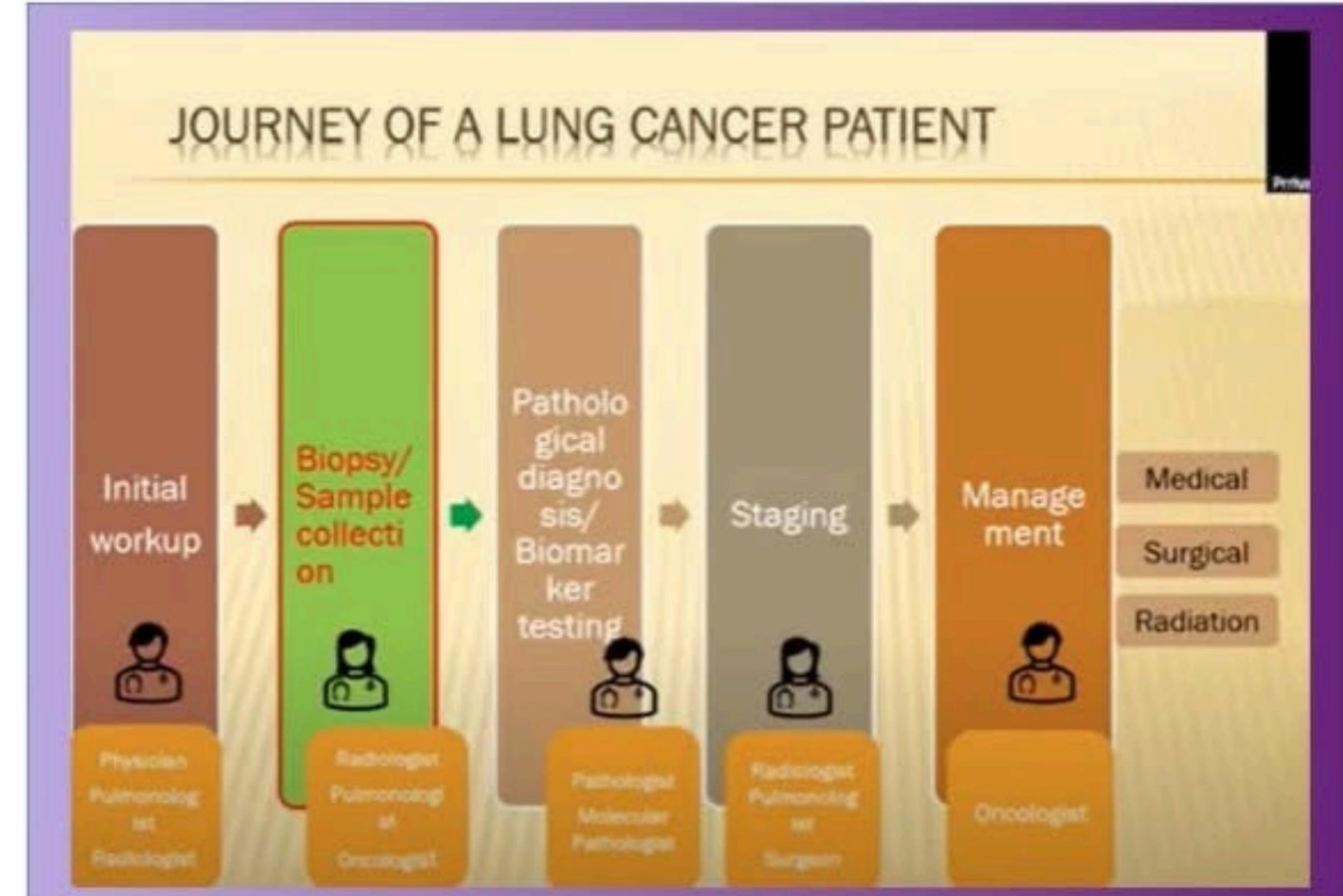
LUNG CONNECT

136TH SUPPORT GROUP MEETING – MUMBAI

SURGICAL OPTIONS IN LUNG CANCER

KEY TAKEAWAYS

- Lung Connect successfully concluded its 136th Support Group Meeting which was held on 14th March, 2025.
- Dr Prriya started her talk with BIOPSY which is very important for diagnosis of lung cancer.
- She said surgical treatment is still the standard treatment for early stage cancers.
- However, surgery is not recommended for metastatic and advanced stage lung cancers.
- We had Dr Mehak Trikha who solved the queries of the meeting participants.
- We heard the challenges faced by caregiver from Mr Kailash Kabra.



PANELIST:

DR PRRIYA ESHPUNIYANI
SURGICAL ONCOLOGIST
MUMBAI



DR MEHAK TRIKHA
MEDICAL ONCOLOGIST
TMH, MUMBAI



MR KAILASH KABRA
CAREGIVER



137th

SUPPORT GROUP MEETING

UP-BIHAR



Topic: Role of Physiotherapy in Lung Cancer

Followed by Q&A session with Dr Akhil Kapoor and Dr Amit Kumar



DR AMIT KUMAR

Medical Oncologist
Medanta Hospital
Patna



DR ANKITA CHITRE

Physiotherapist
TMH, Mumbai



DR AKHIL KAPOOR

Medical Oncologist
TMH, Varanasi



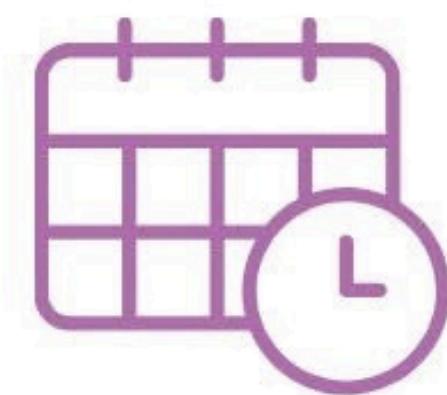
ASHOK KUMAR

Lung Cancer Warrior and
Patient Advocate

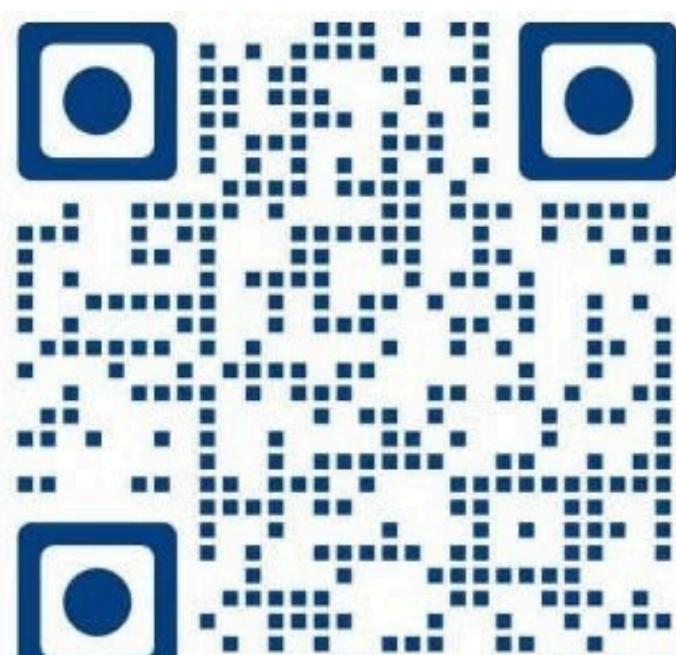


PRABHAT RANJAN

Caregiver
Moderator



**19th March, 2025
4pm onwards**



JOIN ZOOM MEETING



JOIN OUR SOCIAL MEDIA



LUNG CONNECT

137TH SUPPORT GROUP MEETING- UP- BIHAR

ROLE OF PHYSIOTHERAPY IN LUNG CANCER

KEY TAKEAWAYS

- Lung Connect conducted its 137th Support Group Meeting on 19th March, 2025.
- This time, we had Dr Ankita who explained the need of Physiotherapy for every patient.
- Sometimes, due to treatment doing daily chores also become difficult so we can do it half-half.
- Walking is very important.
- Breathing exercises to be done everyday as prescribed by doctor.
- Dr Amit helped to solve all the queries of participants.



PANELISTS:

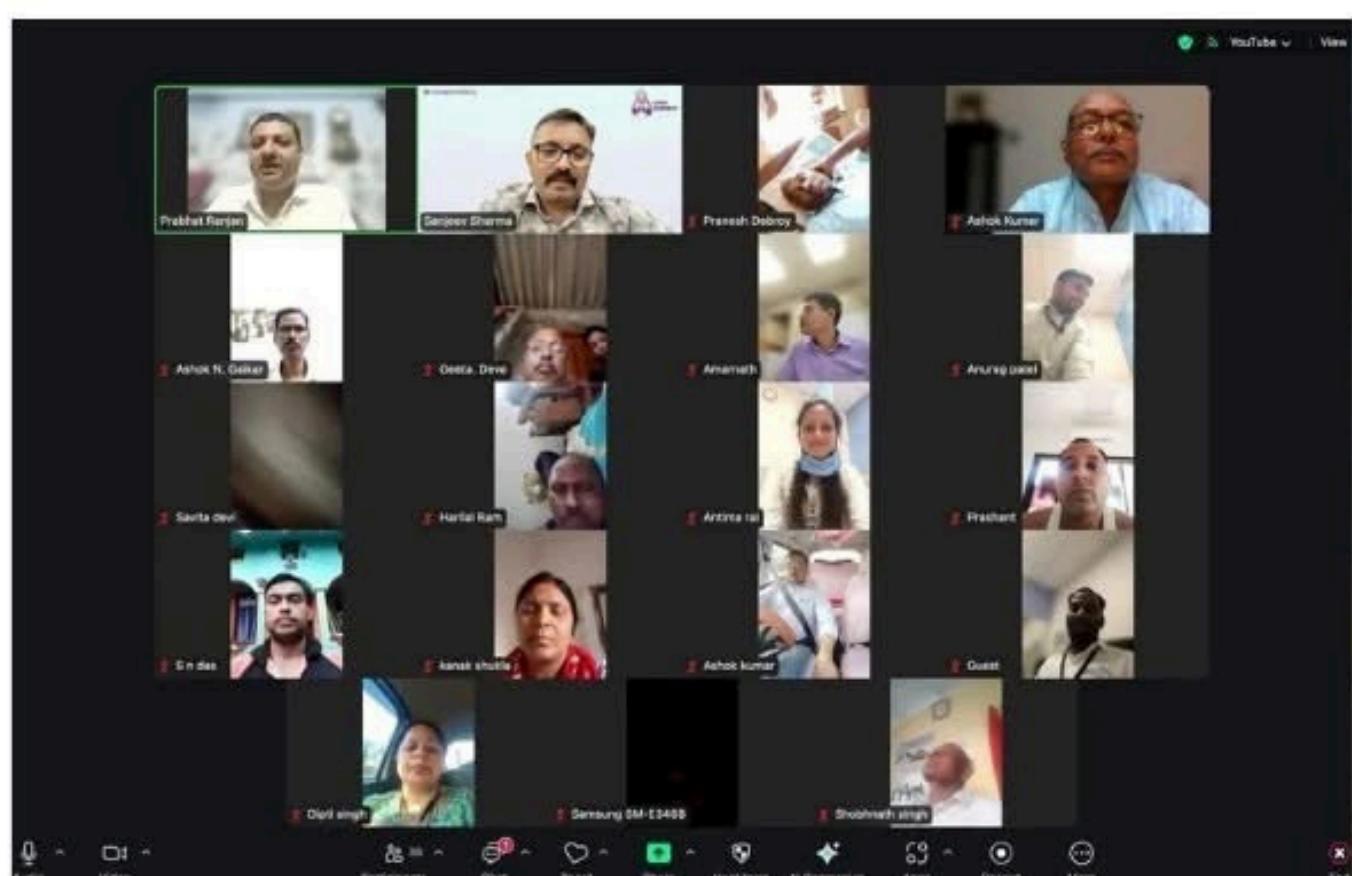
DR. ANKITA CHITRE
Physiotherapist
TMH, Mumbai



DR. AMIT KUMAR
Senior Consultant Medical Oncology,
Medanta Hospital, Patna



PRABHAT RANJAN
Caregiver
Moderator



35TH GERIATRICS OPD SUPPORT GROUP MEETING

Every fight becomes a little bit easier when we fight it together.



TOPIC OF DISCUSSION

Nutrition for Common Symptom Management

We have Dr. Anita Kumar, Dr. Anupa Pillai and Dr. Mehak Trikha as our support.

We also welcome our guest Gauri Pillai

FRIDAY, 21ST MARCH 2025

4:00 pm



Ms Gauri Pillai
Oncology Dietician, MSc, CDE
Dept of Medical Oncology
TMH, Mumbai



Dr Anita Kumar
Geriatrician
Holy Family Hospital



Dr Anupa Pillai
Geriatrician
Tata Memorial Hospital



Dr Mehak Trikha
Medical Oncologist
Tata Memorial Hospital

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[https://us06web.zoom.us/j/86748530411?
pwd=jCK1fB4lisytQngh2ba9FKz7bbCYvv.1](https://us06web.zoom.us/j/86748530411?pwd=jCK1fB4lisytQngh2ba9FKz7bbCYvv.1)



Meeting Id:-
867 4853 0411
Pass code :- 213876

138th

SUPPORT GROUP MEETING- GUJARAT



TOPIC

ROS AND PDL1 LUNG CANCER- TREATMENT & WAY FORWARD



KEYNOTE SPEAKER

DR RUSHBAH KOTHARI

MEDICAL ONCOLOGIST
ONCOWIN CANCER CENTRE
AHMEDABAD



DR PALAK BHATT
MEDICAL ONCOLOGIST
AHMEDABAD



SANGEETA UPADHYAY
LIVING WITH LUNG CANCER



PARESH SHAH
LIVING WITH LUNG
CANCER,
PATIENT ADVOCATE

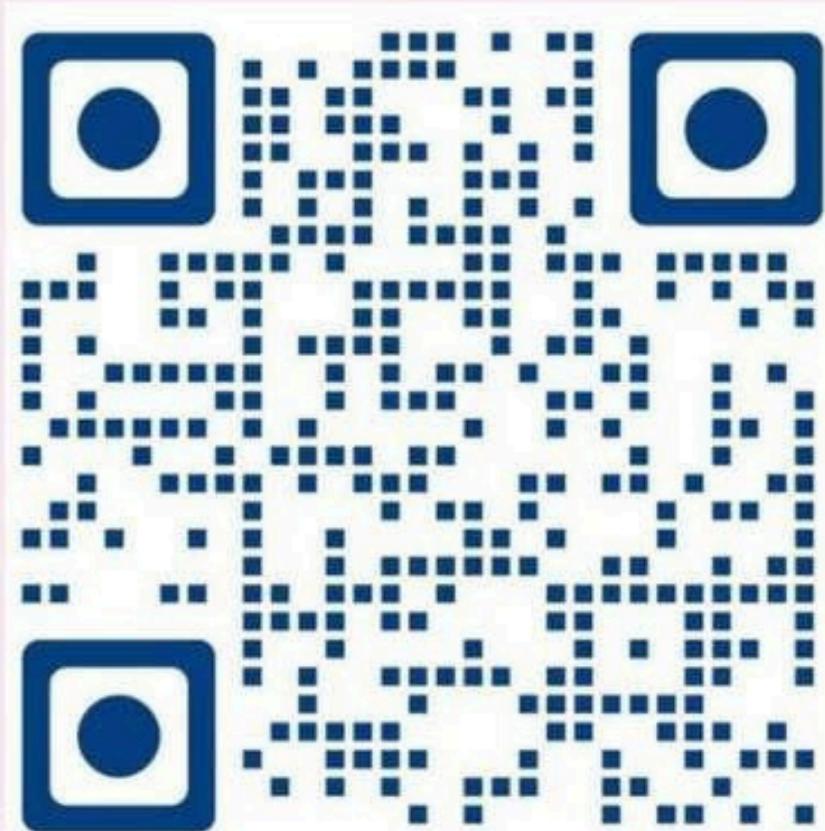


SUCHISMITA DAS
LUNG CANCER SURVIVOR,
MODERATOR

Join Meeting



Join our social media



**Every 4th Friday
AT 04:00 PM**



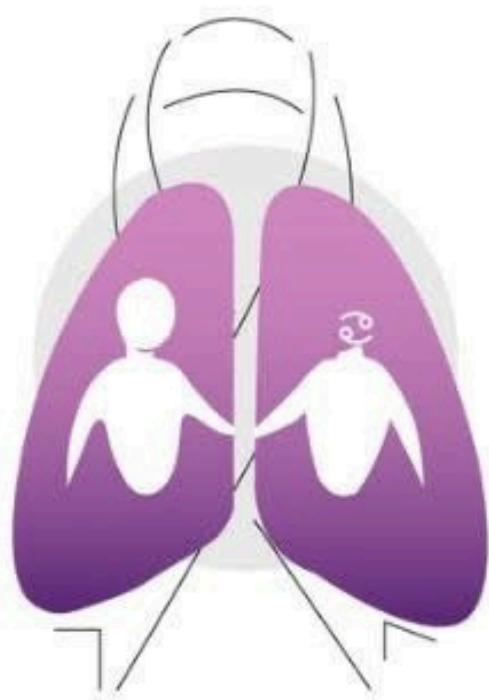
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**LUNG
CONNECT**

138TH SUPPORT GROUP MEETING – GUJARAT

ROS AND PDL1 LUNG CANCER- TREATMENT & WAY FORWARD

KEY TAKEAWAYS

- Lung Connect successfully concluded its 138th Support Group Meeting - Gujarat which was held on 28th March, 2025.**
- This time we had Dr Rushabh who explained the importance of PDL1 testing and ROS1 mutation.**
- ROS1 is rare but generally happens to young and non smoker patients.**
- PDL1 testing is necessary because the immunotherapy drugs may vary with results.**
- You must tell everyone to join a patient support group to get timely informations.**
- Dr Rushabh also helped to solve all the queries from the participants.**
- Sangeeta Upadhyay and Venkatanarayana shared their experiences.**

PANELISTS

DR. RUSHABH KOTHARI
Consultant Medical Oncologist
Oncowin Cancer Centre
Ahmedabad



DR. PALAK BHAT
Medical Oncologist
Oncowin Cancer Centre
Ahmedabad



MR. PARESH SHAH
Lung Cancer Patient & Patient Advocate, Lung Connect.

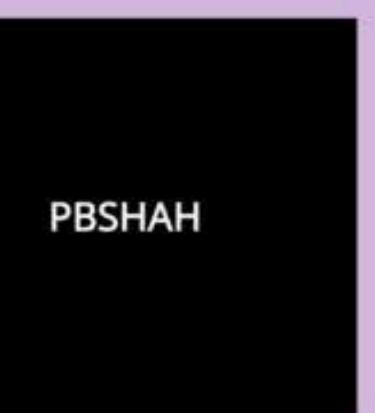


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Encouragement & Resources

□ Hope and Resources for Patients

- **Hope:** With targeted treatments, many patients experience a good quality of life.
- **Support Groups:** Encourage patients to connect with others facing similar challenges.
- **Resources:** Websites like [Cancer.org], local support groups, and research on clinical trials.
- **Contact Information:** Encourage patients to talk to their oncologists for personalized advice.



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Treatment Options for ROS1 -Mutated Lung Cancer

□ Treatment Approaches for ROS1 Mutation

- **Targeted Therapy:**
Crizotinib
Entrectinib
- These medications block the signals that help cancer cells grow.
- **Effectiveness:** Targeted therapies can offer better control of the cancer compared to traditional chemotherapy.

