

LUNG CONNECT INDIA FOUNDATION'S



145th

SUPPORT GROUP MEETING MUMBAI-MAHARASHTRA

Topic

PALLIATIVE CARE AND PAIN MANAGEMENT IN LUNG CANCER

Followed by Q & A Session by Dr Mehak & Dr Arvind

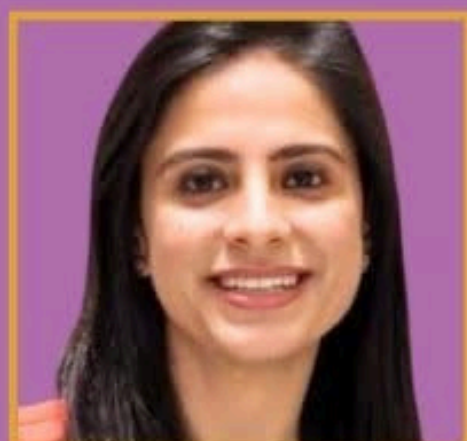
GUEST SPEAKERS

MODERATOR



DR AVINASH TIWARI

Palliative Medicine Physician
Sanjeevani Cancer Care
Hospital, Raipur



DR MEHAK TRIKHA

Medical Oncologist
TMH, Mumbai



DR ARVIND VAIDYANATHAN

Medical Oncologist
TMH, Mumbai



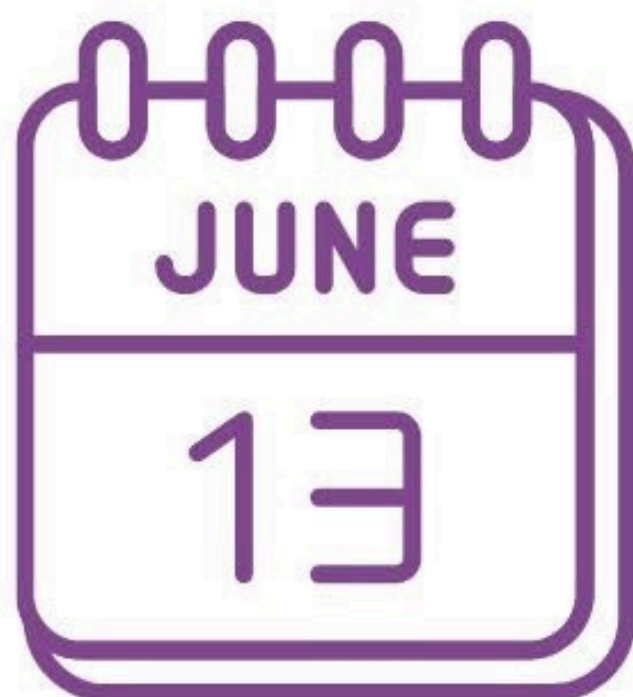
MR RAVI

Caregiver
Uttar Pradesh



MS VANDANA MAHAJAN

Lead Counselor
Lung Connect India
Foundation



SCAN ME



TO JOIN SOCIAL MEDIA

SCAN ME



TO JOIN MEETING

8:00 AM PM



More information
+91 73040 14717



Visit our website
lungconnectindia.org



**LUNG
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145TH SUPPORT GROUP MEETING – MUMBAI

PALLIATIVE CARE AND PAIN RELIEF IN LUNG CANCER

KEY TAKEAWAYS

- Lung Connect successfully concluded its 145th Support Group Meeting which was held on 13th June, 2025
- This time, we had Dr Avinash who focussed on palliative care is not only for EOL patients but everyone has the right to get pain relief.
- Palliative Care team can also help in symptom management.
- If a patient is given a pain relief medicine they must take it instead of tolerating the pain.
- He also discussed about myths related to Morphine.
- We had Dr Mehak Trikha who solved the queries of the meeting participants.
- We heard the challenges faced by patient from Ms Priti Dsouza.

Evolution of Palliative Care

पशुमक देखभाल उन रोगियों की सक्रिय संपूर्ण देखभाल है नकी बीमारी उपचारत्मक उपचार के प्रति अनक्रियाशील नहीं दर्द, अन्य लक्षणों और मनोवैज्ञानिक, सामाजिक और ध्यात्मिक समस्याओं पर नियंत्रण सर्वापर है।

Health Organization, 1990

शामक देखभाल एक ऐसा दृष्टिकोण है जो जीवन के लिए खतरा पैदा न वाली बीमारी से जुड़ी समस्या का सामना कर रहे रोगियों और उनके वारों के जीवन की गुणवत्ता में सुधार करता है, जिसमें दर्द और अन्य शारीरिक, मानसिक और आध्यात्मिक समस्याओं की शीघ्र पहचान और हीन मूल्यांकन और उपचार के माध्यम से पीड़ा को रोकथाम और ते प्रदान की जाती है।

Health Organization, 2002

PANELIST:

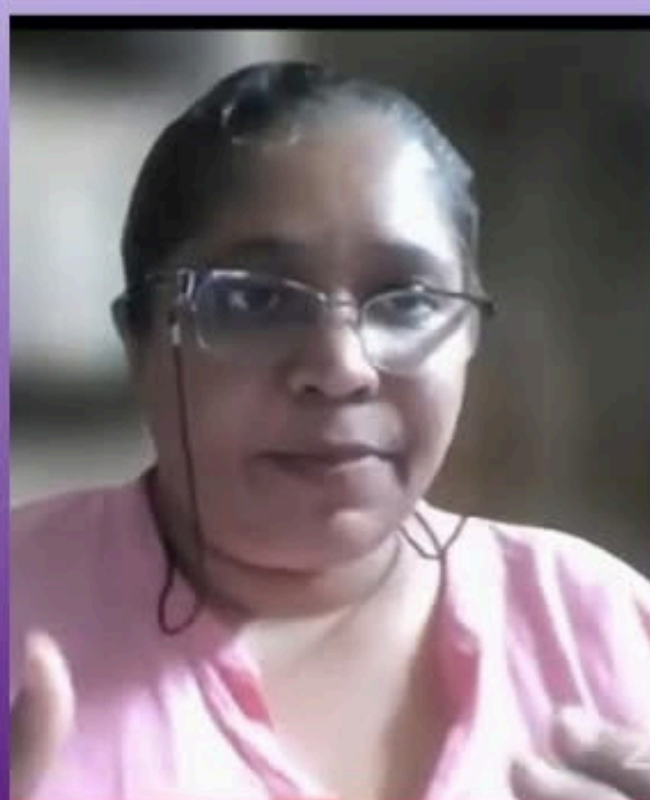
DR AVINASH TIWARI
PALLIATIVE PHYSICIAN
SANJEEVANI CANCER CARE
RAIPUR



DR MEHAK TRIKHA
MEDICAL ONCOLOGIST
TMH, MUMBAI



MS PRITI DSOUZA
LIVING WITH LUNG CANCER



146th SUPPORT GROUP MEETING UP-BIHAR



Topic: Role of Nursing Care (PICC & PORT) in focus

Followed by Q&A session with Dr Akhil Kapoor and Dr Amit Kumar



DR AMIT KUMAR

Medical Oncologist
Medanta Hospital
Patna



MR SHUBHAM DUBEY

Designation- Nurse B
CVAD Clinic Incharge



DR AKHIL KAPOOR

Medical Oncologist
TMH, Varanasi



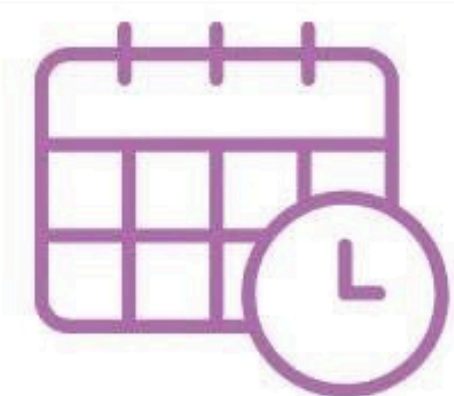
ASHOK KUMAR

Lung Cancer Warrior and
Patient Advocate



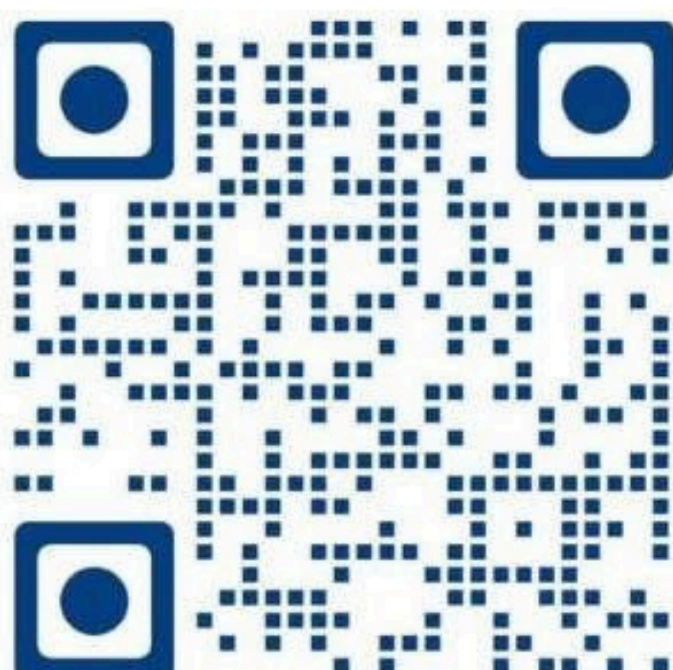
PRABHAT RANJAN

Caregiver
Moderator



**18th June, 2025
4pm onwards**

JOIN OUR SOCIAL MEDIA



JOIN ZOOM MEETING



38TH GERIATRICS OPD SUPPORT GROUP MEETING

Every fight becomes a little bit easier when we fight it together.



TOPIC OF DISCUSSION

Loneliness in older adults and how to cope with it ?

We have Dr. Anupa Pillai and Dr. Mehak Trikha as our support.

We also welcome our guest Ms Fatimath Naeema Nasreen

FRIDAY- 20th JUNE, 2025
4:00 pm



Ms Fatimath Naeema Nasreen
Psycho Oncologist
TMH, Mumbai



Dr Mehak Trikha
Medical Oncologist
Tata Memorial Hospital



Dr Anupa Pillai
Geriatrician
Tata Memorial Hospital



Ratan Dhekale
Patient Advocate
Moderator

JOIN US

[https://us06web.zoom.us/j/86748530411?
pwd=jCK1fB4lisytQngh2ba9FKz7bbCYvv.1](https://us06web.zoom.us/j/86748530411?pwd=jCK1fB4lisytQngh2ba9FKz7bbCYvv.1)



Meeting Id:-
867 4853 0411
Pass code :- 213876

147th

SUPPORT GROUP MEETING- GUJARAT

TOPIC

BREATH OF STRENGTH

The Transformative Role of Yoga and Exercise in the Journey of a Lung Cancer Warrior



KEYNOTE SPEAKER

MS RASIKA BOMBATKAR

PHYSIOTHERAPIST, UK
LIVING WITH LUNG CANCER



DR RUSHABH KOTHARI

MEDICAL ONCOLOGIST
AHMEDABAD



PARESH SHAH
PATIENT ADVOCATE

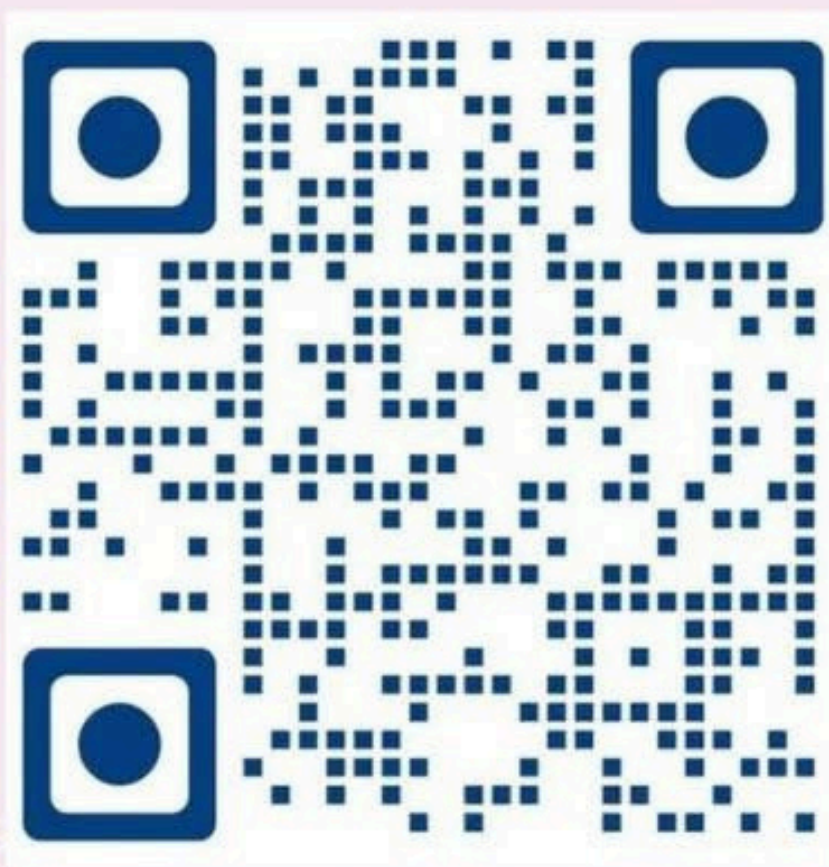


SUCHISMITA DAS
MODERATOR

Join Meeting



Join our social media



Every 4th Friday
AT 04:00 PM



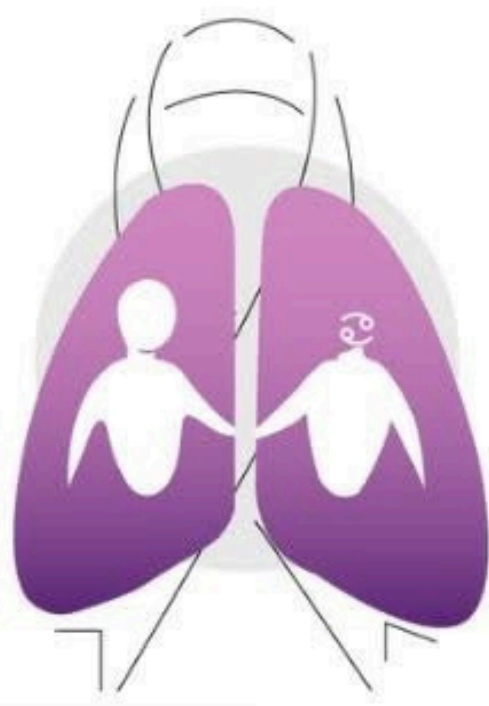
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www.lungconnectindia.org



contact@lungconnectindia.org



**LUNG
CONNECT**

147TH SUPPORT GROUP MEETING – GUJARAT

**TRANSFORMATIVE ROLE OF YOGA AND EXERCISE
IN THE JOURNEY OF A LUNG CANCER WARRIOR**

KEY TAKEAWAYS

- Lung Connect successfully concluded its 147th Support Group Meeting - Gujarat which was held on 27th June, 2025.
- This time we had Rasika who spoke how yoga and exercised have help her survive in her tough times.
- She mentioned that discipline is very important in life.
- Some breathing exercises and walking must be a part of everybody's daily routine.
- We also recieved some good feedbacks from patients.
- Dr Palak solved our patient queries.
- He also spoke about brain metastatis for awareness.
- We had our regular supporter Prabhat Ranjan who spoke about our Buddy Program.

PANELISTS

MS RASIKA BOMBATKAR
PHYSIOTHERAPIST
LIVING WITH LUNG CANCER



DR. PALAK BHATT
Medical Oncologist
Ahmedabad



MR. PARESH SHAH
Lung Cancer Patient & Patient
Advocate, Lung Connect.

