

LUNG CONNECT INDIA FOUNDATION'S

SUPPORT GROUP MEETING

MUMBAI-MAHARASHTRA

133rd

Topic

HOW TO PREPARE FOR LUNG CANCER TREATMENT?

Followed by Q & A Session by Dr Arvind Vaidyanathan

GUEST SPEAKERS



DR RUP JYOTI SARMA

Consultant Medical Oncologist
State Cancer Institute
Guwahati, Assam



DR ARVIND VAIDYANATHAN

Senior Resident
Dept of Medical Oncology
TMH, Mumbai



MR TEJ KUMAR PRADHAN

Lung Cancer Warrior
Ranchi, Jharkhand

MODERATOR



MS VANDANA MAHAJAN

Lead Counselor,
Lung Connect India Foundation

FEB
14

SCAN ME

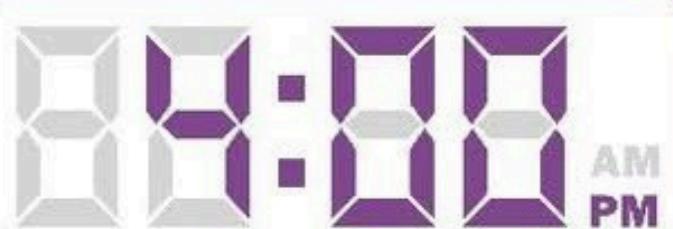


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lungconnectindia.org





LUNG CONNECT

133RD SUPPORT GROUP MEETING – MUMBAI

HOW TO PREPARE FOR OPD VISIT FOR LUNG CANCER PATIENTS

KEY TAKEAWAYS

- Lung Connect successfully concluded its 133rd Support Group Meeting which was held on 14th February, 2025.
- Dr Rup Jyoti said that as each patient gets only 7-10 mins in OPD it is very important to prepare and come.
- Preparations can include- history, current symptoms, past illness, treatment taken, comorbidities, all scan reports, blocks in case you go for second opinion.
- We had Dr Arvind Vaidyanathan who solved the queries of the meeting participants.
- We heard words of wisdom from Mr Tej Kumar Pradhan.

ILLNESS AND TREATMENT

taken? How long? How many medicines? Any of any cancer?- recurrence/ second primaries removal- reason? Ovary removal also? surgeries prior? Lumpectomies outside??



HISTORY- WHAT ARE THE CURRENT SYMPTOMS

- What symptoms, for how long, how is it impacting your life?
- Cough
- Blood in sputum
- Chest pain, breathlessness
- Back pain
- Leg weakness
- Dizziness, seizure



PANELIST:

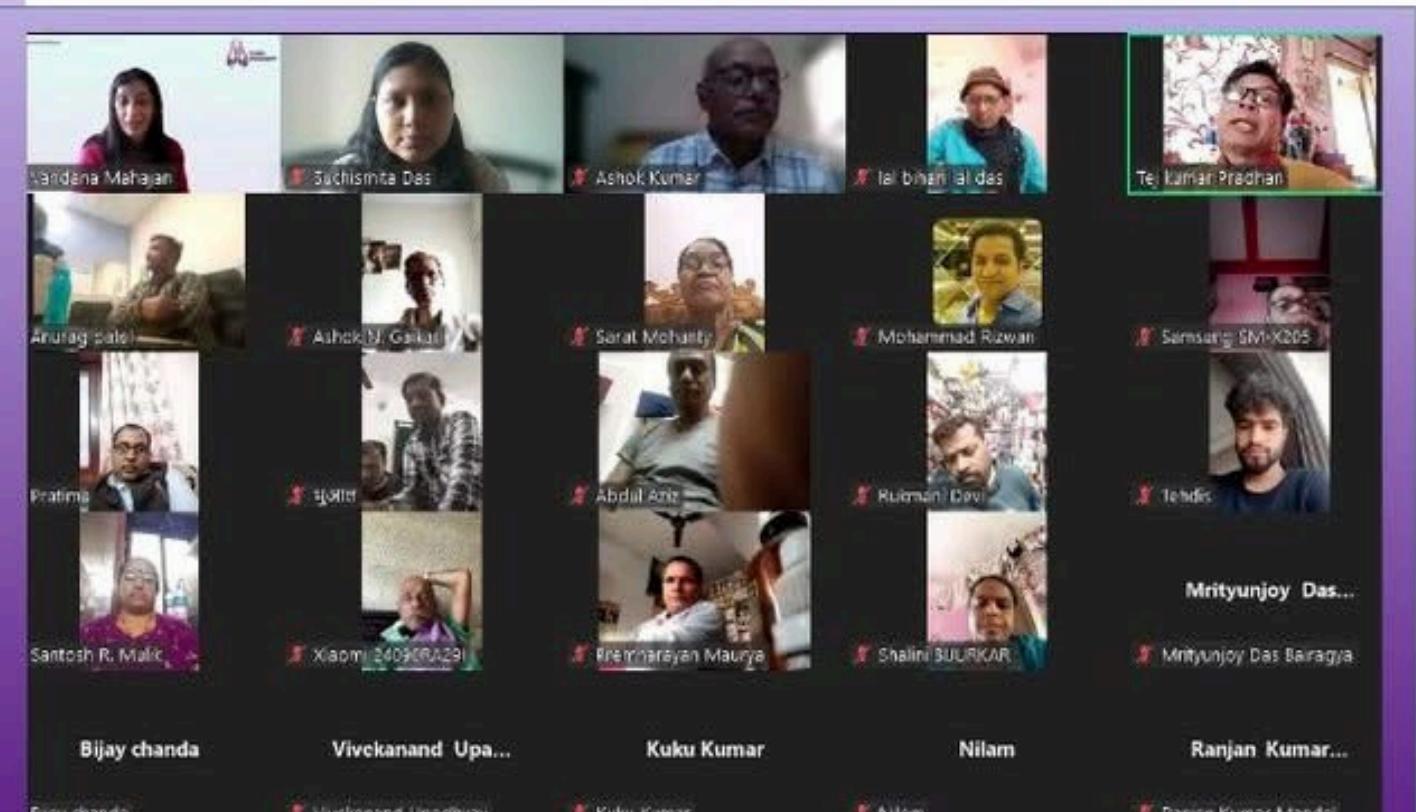
DR RUP JYOTI SARMA
CONSULTANT MEDICAL ONCOLOGIST
STATE CANCER INSTITUTE
GUWAHATI, ASSAM



DR ARVIND VAIDYANATHAN
MEDICAL ONCOLOGIST
TMH, MUMBAI



MR TEJ KUMAR PRADHAN
LUNG CANCER WARRIOR



134th

SUPPORT GROUP MEETING

UP-BIHAR



Topic: EGFR lung cancer- Treatment & Way Forward

Followed by Q&A session with Dr Akhil Kapoor and Dr Amit Kumar



DR AKHIL KAPOOR

Medical Oncologist
TMH, Varanasi



DR AMIT KUMAR

Medical Oncologist
Medanta Hospital
Patna



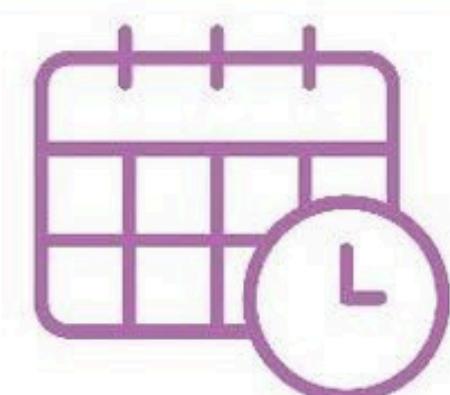
ASHOK KUMAR

Lung Cancer Warrior and
Patient Advocate



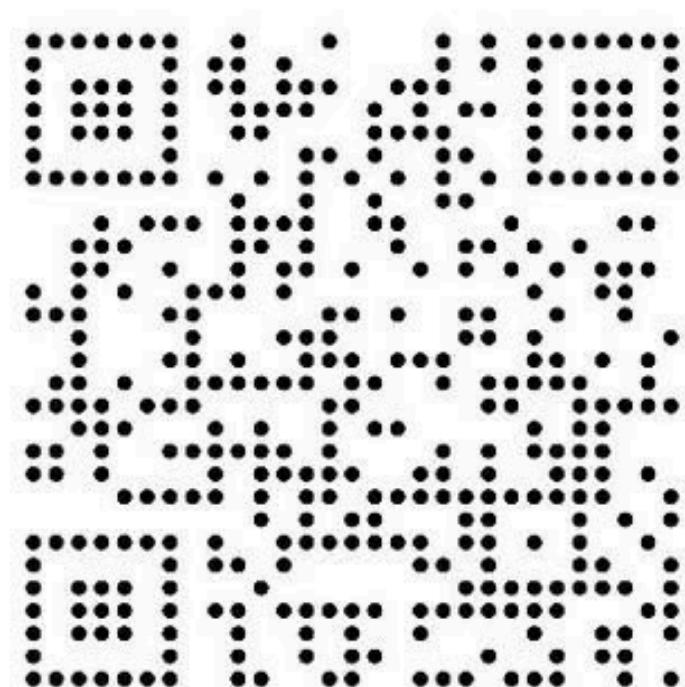
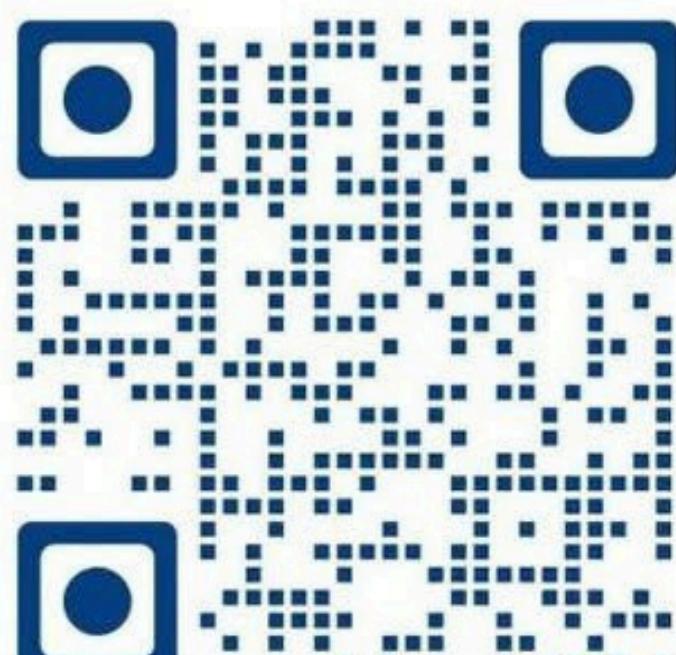
ANTIMA RAI

Cancer Survivor
Moderator



**19th February, 2025
4pm onwards**

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**LUNG
CONNECT**

134TH SUPPORT GROUP MEETING- UP- BIHAR

EGFR LUNG CANCER- TREATMENT & WAY FORWARD

KEY TAKEAWAYS

- Lung Connect conducted its 134th Support Group Meeting on 19th February, 2025.
- Dr Akhil Kapoor took a session on EGFR lung cancer.
- Earlier patients with lung cancer used to live just for months, but now with research and targetable mutations patients have a good quality of life for years.
- The treatment available for this mutation are- Chemotherapy with Gefitinib or Osimertinib.
- There are clinical trials going on in India, you must be informed about them.



PANELISTS:

DR. AKHIL KAPOOR

Associate Professor, Medical Oncology

Tata Memorial Hospital, Varanasi



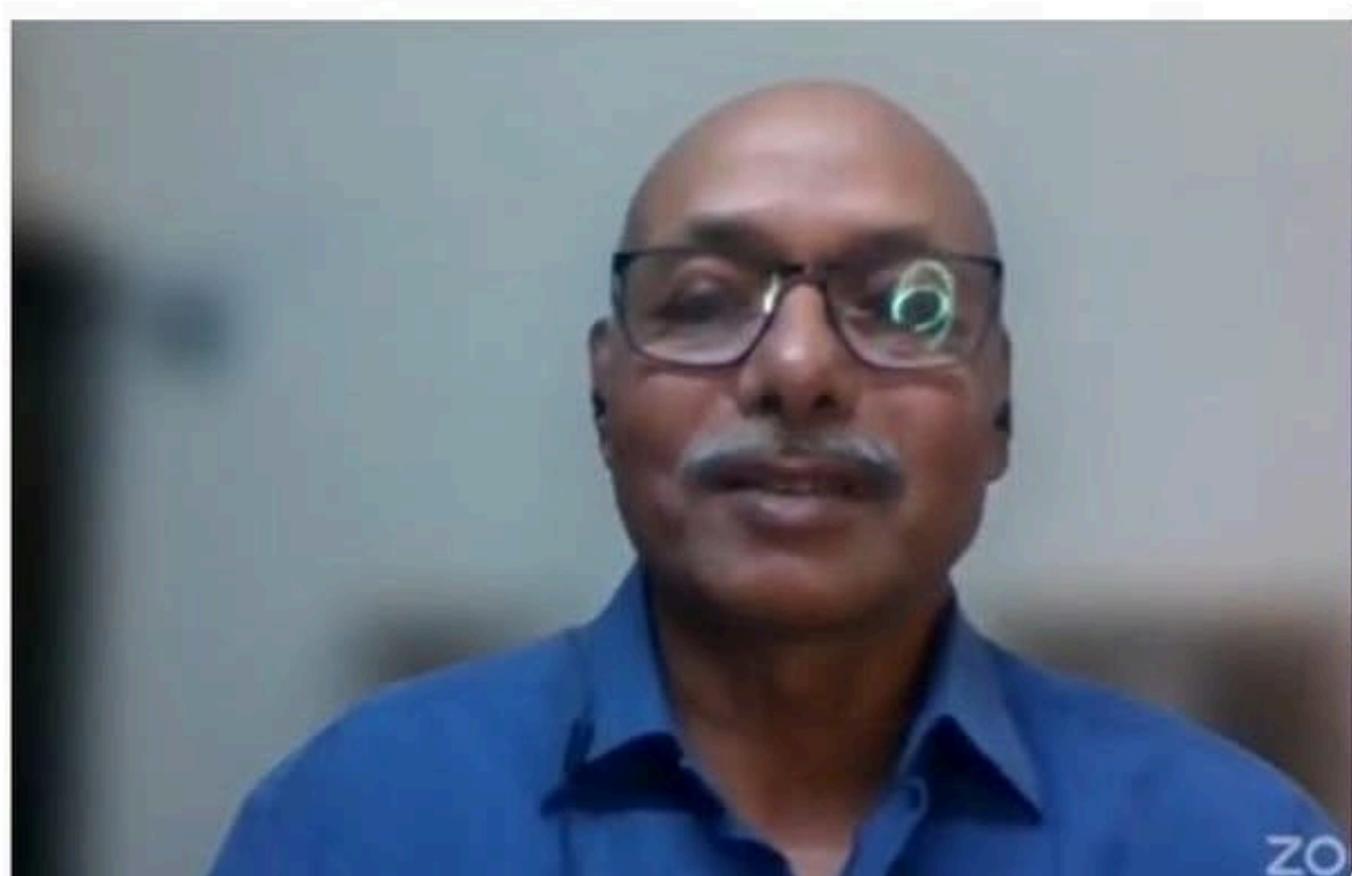
DR. AMIT KUMAR

Senior Consultant Medical Oncology,
Medanta Hospital, Patna



ANTIMA RAI

Cancer survivor and patient navigator (lung connect) Moderator



34TH GERIATRICS OPD SUPPORT GROUP MEETING

Every fight becomes a little bit easier when we fight it together.



TOPIC OF DISCUSSION

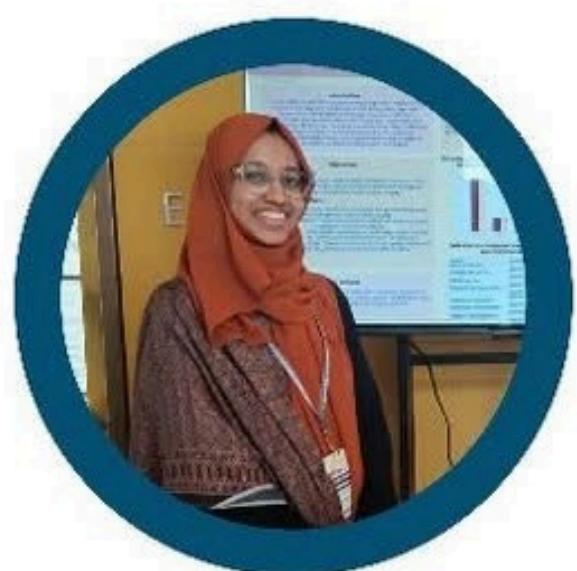
Addressing the mental health needs of older patients and effective strategies for improvement

We have Dr. Anita Kumar, Dr. Anupa Pillai and Dr. Arvind Vaidyanathan as our support.

We also welcome our guest Fathimath Naeema Nasreen

FRIDAY, 21ST FEBRUARY 2025

4:00 pm



Dr Fathimath Naeema Nasreen
Psycho Oncologist
Tata Memorial Hospital

Dr Anita Kumar
Geriatrician
Holy Family Hospital

Dr Anupa Pillai
Geriatrician
Tata Memorial Hospital

Dr Arvind Vaidyanathan
Medical Oncologist
Tata Memorial Hospital

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[https://us06web.zoom.us/j/86748530411?
pwd=jCK1fB4lisytQngh2ba9FKz7bbCYvv.1](https://us06web.zoom.us/j/86748530411?pwd=jCK1fB4lisytQngh2ba9FKz7bbCYvv.1)



Meeting Id:-
867 4853 0411
Pass code :- 213876



135th

Support Group Meeting- Gujarat

Topic: Chemotherapy Side-Effects and Management



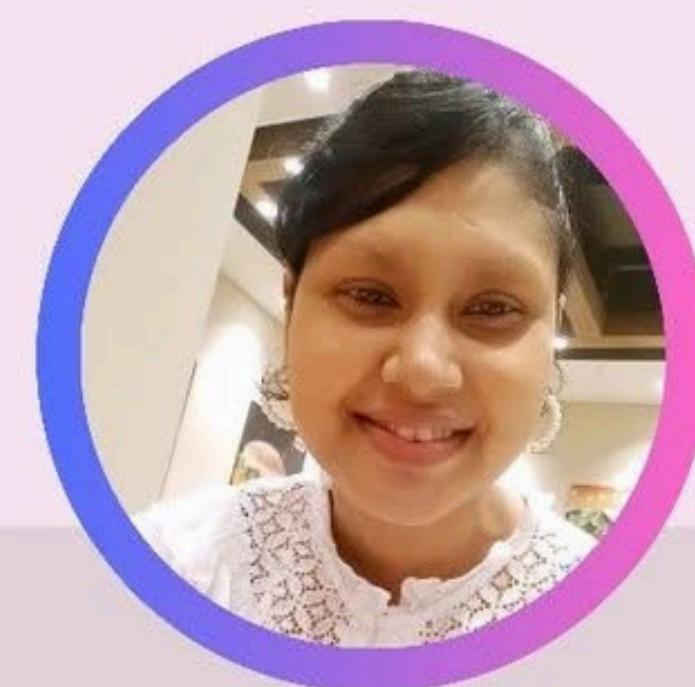
Dr Palak Bhat



Dr Rushabh Kothari



Paresh Shah



Suchismita Das

Medical Oncologist
Oncowin Cancer Centre
Ahmedabad

Medical Oncologist
Oncowin Cancer Centre,
Ahmedabad

Living with lung Cancer
Patient Advocate

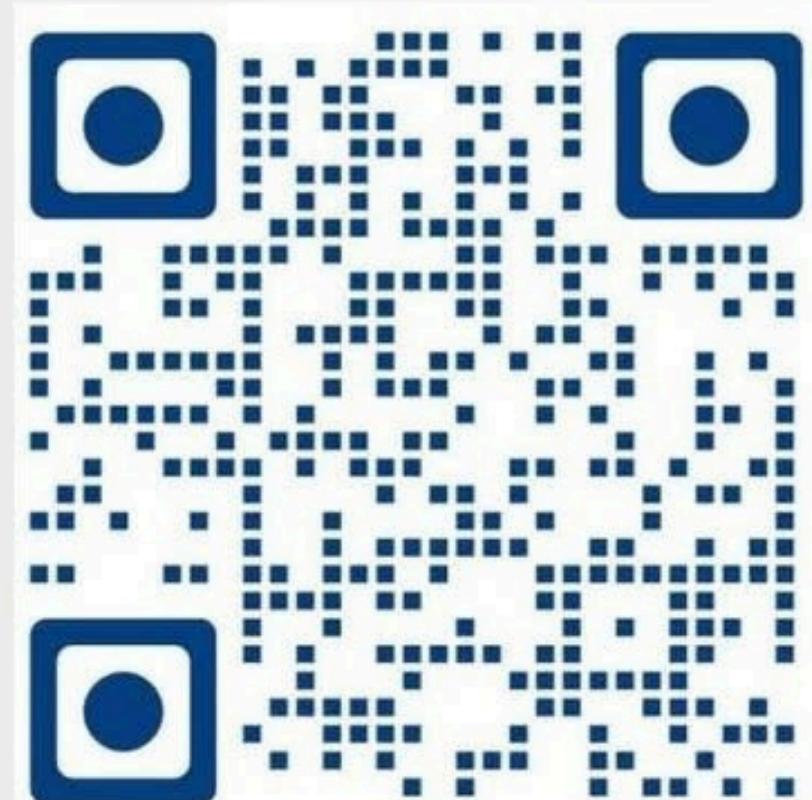
Lung Cancer Survivor
Moderator


**28 February,
2025**
4pm onwards

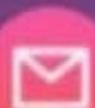
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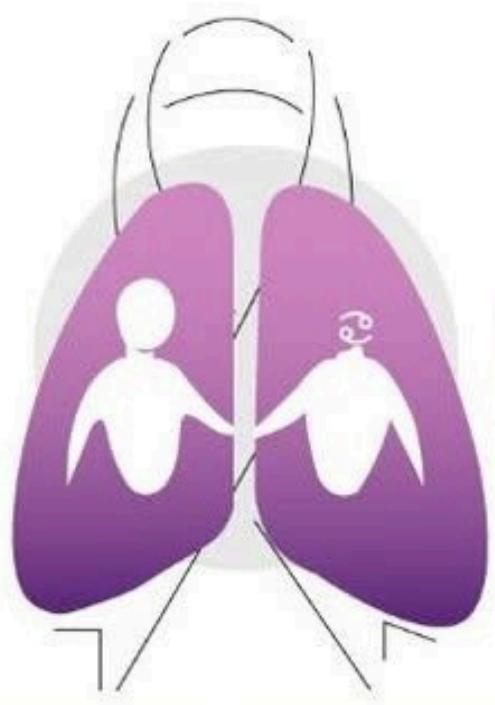
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**LUNG
CONNECT**

135TH SUPPORT GROUP MEETING – GUJARAT

CHEMOTHERAPY- SIDE EFFECTS AND MANAGEMENT

KEY TAKEAWAYS

- Lung Connect successfully concluded its 135th Support Group Meeting - Gujarat which was held on 28th February, 2025.**
- This time we had Dr Palak who explained about chemotherapy in simple language.**
- He discussed about why these side effects happen, what are some common side effects and how to deal with them.**
- He said there are certain side effects, if you face them we should visit the doctor immediately.**
- The side effects generally last for 7-10 days after infusion.**
- Dr Palak also helped to solve all the queries from the participants.**
- Ashok Gaikar talked about his consistency in the meeting.**

PANELISTS

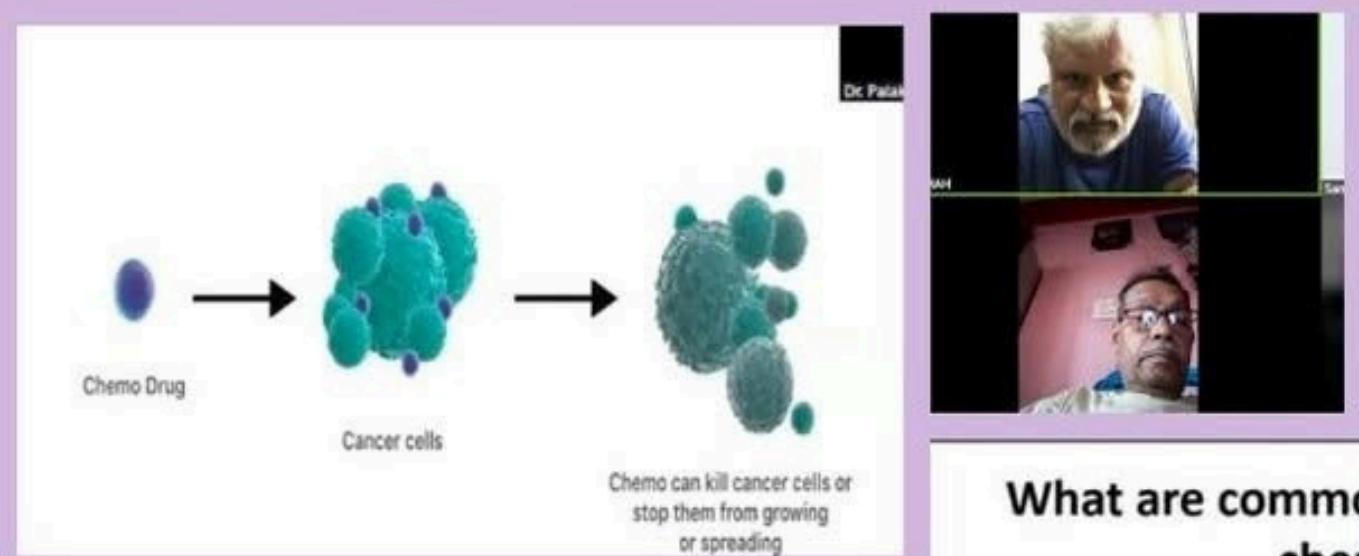
DR. PALAK BHAT
Medical Oncologist
Oncowin Cancer Centre
Ahmedabad



DR. RUSHABH KOTHARI
Consultant Medical Oncologist
Oncowin Cancer Centre
Ahmedabad



MR. PARESH SHAH
Lung Cancer Patient & Patient Advocate, Lung Connect.



What are common
chemotherapy
side effects?

