

AWARENESS

ADVANCEMENT

ADVOCACY

NEWSLETTER

Lung Connect India Foundation

What happened in the organisation last month?



24 years old, full of dreams... and suddenly, cancer.

But Ravi chose courage over fear. With his uncle by his side, he fought a battle that demanded the heart of a true warrior. Together, they navigated the uncertainty, pain, and challenges that cancer brings – refusing to give up, step after step.

Ravi's journey reminds us of something powerful: early detection, the right treatment, and strong family support can truly save lives. His experience is not just a story of survival, but one of resilience, awareness, and hope for countless others walking the same path. Witness Ravi's inspiring journey – a testament to strength, timely action, and the unbreakable bond of loved ones. In collaboration with NewsTak and AstraZeneca. कभी सोचा था पढ़ाई कर राजनीति में जाना है, पर ज़िंदगी ने बीच में Cancer लाकर खड़ा कर दिया। Ravi डरा नहीं, उसने लड़ाई लड़ी, जीत हासिल की। देखिए Ravi की कहानी की ये झलक, हिम्मत, प्यार और उम्मीद की कहानी।

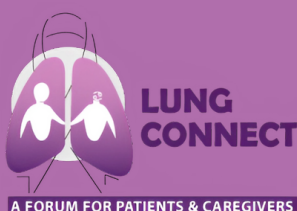
NEWS UPDATE

IMPORTANT ANNOUNCEMENT

A new chapter is starting, and we're thrilled to share it with you! Keep following for more exciting details coming your way.

Important Announcement

We are very excited to announce our new chapter of Support Group Meeting in collaboration with Dr Ullas Batra in Delhi.

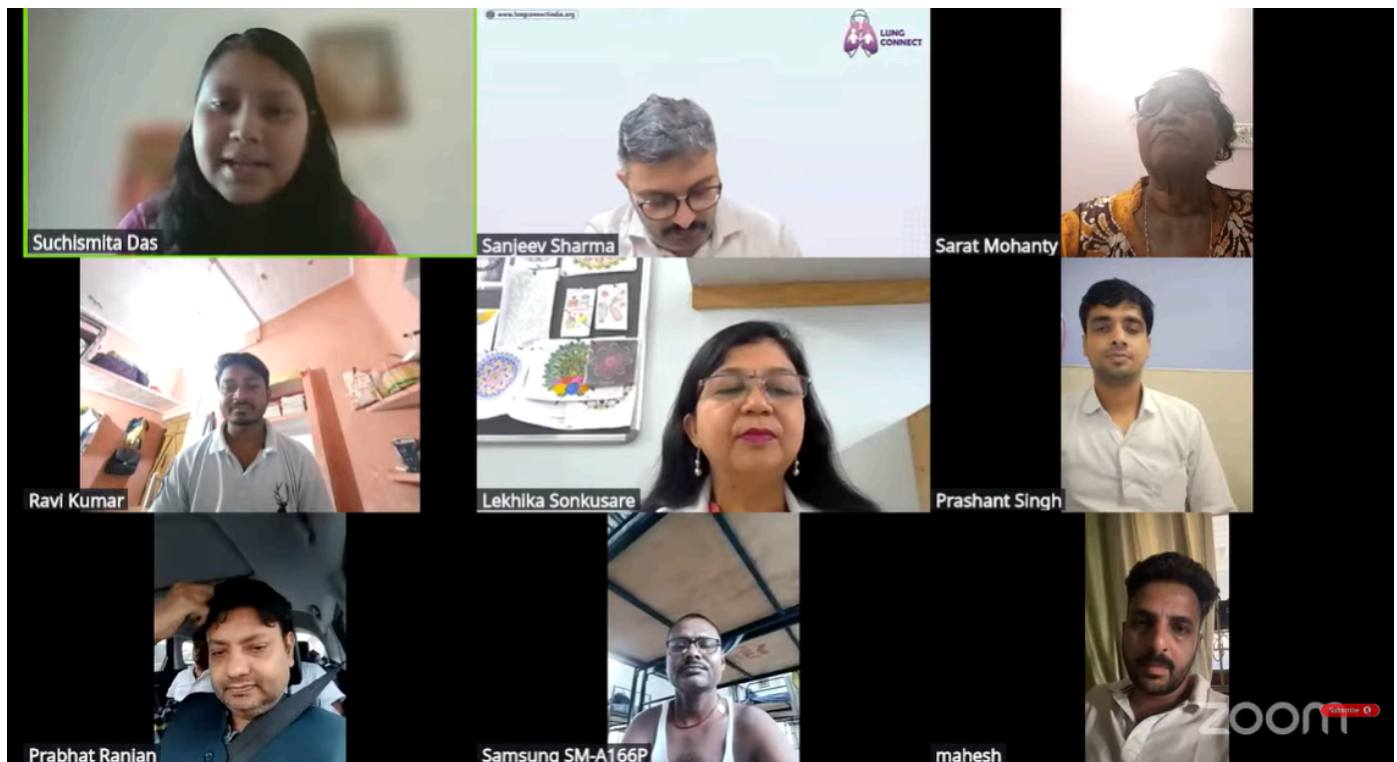


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Stay connected, subscribe now for news updates, latest activities, workshops, free resources and more!

'When Hope Meet Hurdles' series – shedding light on the harsh realities of lung cancer in India, raising awareness, and inspiring action for patients and families.



Support Group Meetings Fixed Time-Fixed Days

Mumbai Chapter- We have successfully conducted 157th Support Group Meeting "Knowing the side effects and management of Chemotherapy in Lung Cancer Care" by Dr Sunil Chopade.

UP-Bihar Chapter- We have successfully concluded 158th Support Group Meeting "Role of Radiation Oncology in the Treatment of Lung Cancer" by Dr Ajay Choubey.

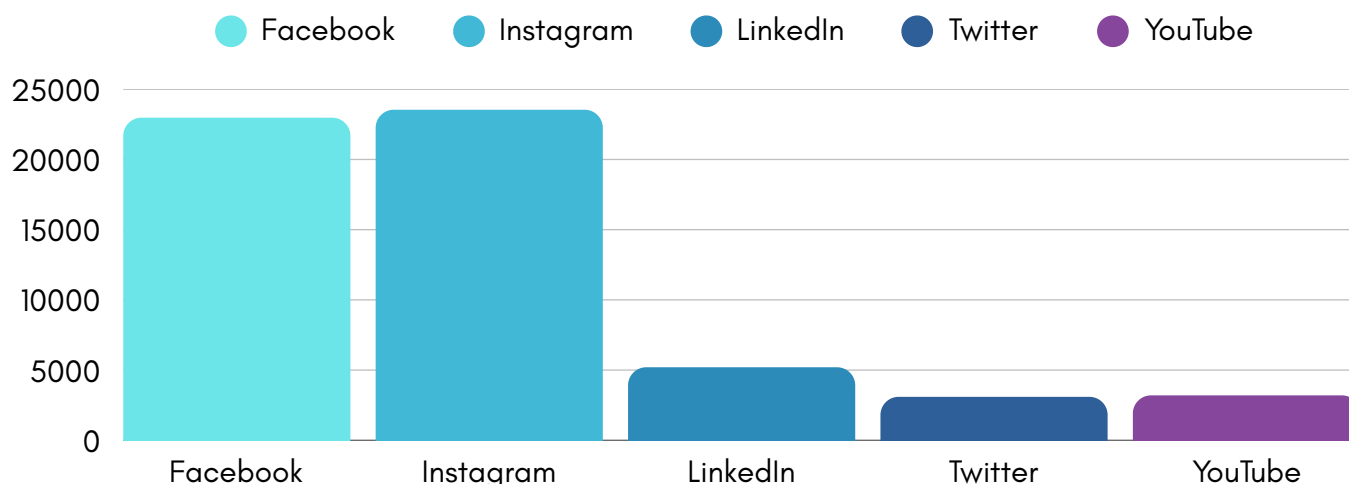
Gujarat Chapter- We have successfully concluded 159th Support Group Meeting "Minds Matter Too: Prioritizing Mental Health in Lung Cancer Journey" by Dr Lekhika Sonkusare.

Geriatric OPD Meeting- We have successfully concluded 41st Support Group Meeting "Do's and Dont's in diet during lung cancer treatment" by Dr Purabi Mahajan.



At just 24, Ravi stood at that beautiful crossroads of youth — dreams unfolding, ambitions taking flight. And then, without warning, came a word no one is ever prepared for: cancer. Early detection, the right treatment, and the unwavering support of family can save lives.

Glimpse of our Social Media



42 GERIATRICS OF D SUPPORT GROUP MEETING
Every fight becomes a little bit easier when we fight it together.

TOPIC OF DISCUSSION
Do's and Don'ts for diet during Cancer treatment
We have Dr. Anupam Pillai and Dr. Ashok Singhal as our support. We also welcome our guest Dr. Parul Mahajan

FRIDAY-17th OCTOBER 2025
4:00 pm

Dr Parul Mahajan
Senior Oncologist
TMC, Mumbai

Dr Ashok Singhal
Medical Oncologist
TMC, Mumbai

Dr Anupam Pillai
Geriatrician
Tata Memorial Hospital

Rohan Ghosh
Patient Advocate
Moderator

LUNG CONNECT
PATIENTS WITH LUNG CANCER

158TH SUPPORT GROUP MEETING – UP-BIHAR
ROLE OF RADIATION ONCOLOGY IN THE TREATMENT OF LUNG CANCER

KEY TAKEAWAYS

- Lung Connect successfully concluded its 158th Support Group Meeting – UP-Bihar Chapter held on 15th October 2025.
- Dr. Ajay Choudhary explained radiation therapy is simple and easy-to-understand term.
- He highlighted that radiation works locally on tumours to control the disease.
- He discussed the different procedures and safety precautions involved during radiation treatment.
- He emphasized that early detection should be the main goal, as cancer becomes more dangerous in its advanced stages.
- Dr. Ankit Kumar addressed and clarified patients' queries effectively.

PANELIST:

DR AJAY CHOUDHARY
Professor and Chairperson
Department of Radiation Oncology
MNHCC, Varanasi

DR ANHIL KAPOOR
Professor
Medical Oncology
MNHCC, Varanasi

DR ANKIT KUMAR
Senior Consultant
Medical Oncology
Medanta Hospital, Patna

LUNG CONNECT
FOR OUR PATIENTS & CAREGIVERS

157TH SUPPORT GROUP MEETING – MUMBAI
KNOWING THE SIDE-EFFECTS OF CHEMOTHERAPY IN LUNG CANCER

KEY TAKEAWAYS

- Lung Connect India Foundation successfully concluded its 157th Support Group Meeting – Mumbai Chapter on 10th October 2025.
- It was successfully conducted with active participation from patients, caregivers, and experts.
- Dr. Sami delivered an insightful talk on chemotherapy and its side effects, covering: Common side effects such as nausea, diarrhea, and fatigue and Uncommon and complex effects including neurological.
- Dr. Arvind addressed and resolved multiple patient queries.
- Mr. Ravi, a young non-smoker lung cancer patient, shared his inspirational journey and words of wisdom, inspiring fellow participants.

PANELIST:

DR SAMI CHOUDHARY
Medical Oncologist
Jawahar Institute of Postgraduate Medical Education and Research (JIPMER), Pondicherry

DR ARVIND VAIDYANATHAN
Medical Oncologist
TMC, Mumbai

MR RAVI RAO
Young Lung Cancer Patient

WHY JOIN OUR BUDDY PROGRAM?
SAATH NIBHAYE, HAUSLA BADHAAYE

Navigating the complexities of lung cancer treatment can be overwhelming, which is why LUNG CONNECT's buddy program plays a crucial role in the patient care experience. A buddy is a steadfast virtual companion who assists patients in managing the list of tasks that accompany treatment

- Patient Guidance
- Emotional Support
- Coordination in Healthcare
- Coping with side effects
- Financial Guidance
- Care Assistance

BECOME A BUDDY

REQUEST A BUDDY

BUDDY PROGRAM

We're thrilled to share a milestone from our Buddy Program- Saath Nibhaye, Hausla Badhaaye at Lung Connect India Foundation – we've reached 37+ buddy supporters and 200 + buddy seekers!

Patient/ Caregiver Corner



In 2021, during a government tour in Bangladesh, I suddenly began experiencing a persistent cough, followed by a high fever. Concerned, I consulted a doctor, and after further tests, a tumor was discovered in my right lung. While an initial biopsy showed no signs of harm, the tumor continued to grow, leading to the need for a lobectomy. Unfortunately, the biopsy results from the surgery revealed that I had invasive adenocarcinoma, a form of lung cancer. This diagnosis was a shock, and the journey that followed was filled with uncertainty. I underwent four rounds of chemotherapy in an attempt to control the cancer, but the treatment process was difficult and exhausting. Seeking further medical care, I traveled to Tata Memorial Hospital in India for additional treatment. As a foreigner navigating a complex medical system in a different country, I felt overwhelmed and unsure of how to manage the various procedures and challenges I faced.

[READ MORE](#)

1. Black and White-Patient Rights' Series
2. LCAM Special Videos
3. Patient Testimonials
4. Physical Programs raising awareness, advocacy and advancement in LCAM 2025

*Stay
Tuned*