

"लंग कनेक्ट इंडिया फाउंडेशन ने मुझे सिखाया  
है कि कैंसर होने के बाद भी ज़िंदगी को  
खुलकर कैसे जिया जाए। चिंता करने से  
समस्याएं हल नहीं होतीं, लेकिन एक

WELCOME TO OUR

## Monthly Newsletter

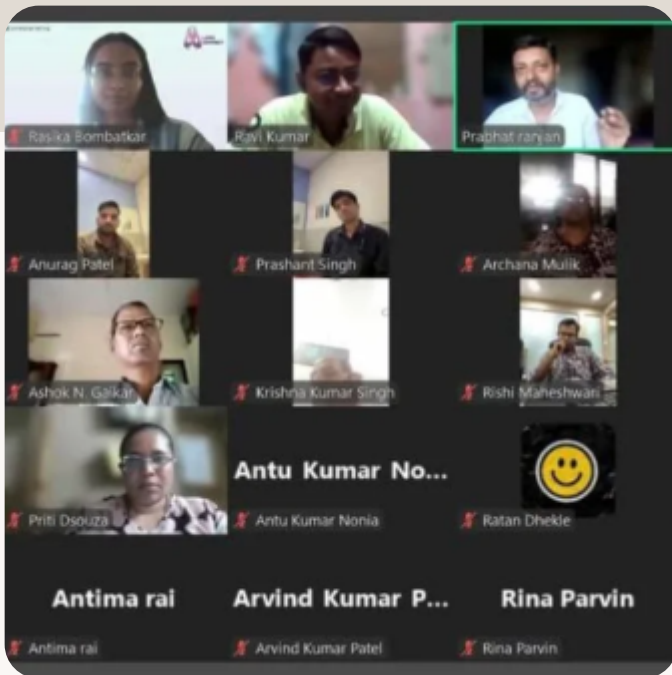
### About Us



We are the first of its kind and the only one Lung Cancer Support Group in India and South East Asia. We are a Patient Support and Patient Advocacy Group. We aim to support patients holistically. We believe that knowledge is power. By providing comprehensive educational resources, we aim to empower patients and their families with the information they need to make informed decisions about their health and treatment options. Our advocacy efforts focus on raising awareness, influencing policy changes, and ensuring that lung cancer patients receive the best possible care and support.

In this newsletter you will find:

Latest activities, workshops, free resources, and more. Keep Reading!



## Support Group Meetings

WE HAVE FIXED DAYS, FIXED TIMINGS FOR THEM.

Mumbai Chapter- We have successfully conducted 145th Support Group Meeting “Palliative Care and Pain Relief in Lung Cancer” by Dr Avinash Tiwari followed by Q&A Session by Dr Mehak Tritha.

UP-Bihar Chapter- We have successfully concluded 146th Support Group Meeting “Role of Nursing Care (PICC line in focus) for lung cancer patients” by Brother Shubham Dubey followed by Q&A session by Dr Akhil Kapoor.

Gujarat Chapter- We have successfully concluded 147th Support Group Meeting “Transformative Role of Yoga and exercises in the life of a lung cancer warrior” by Ms Rasika Bombatkar followed by Q&A session by Dr Palak Bhatt.

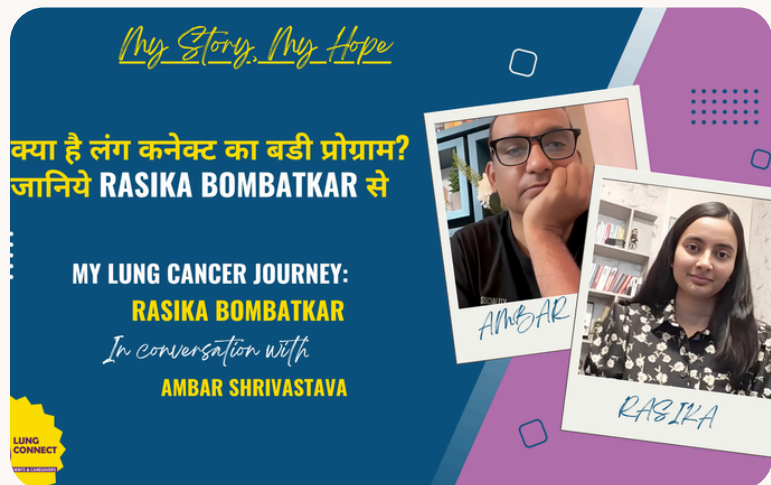


## Geriatric Special

DEDICATED MEETING FOR ELDER PATIENTS

We have successfully concluded our 38th Geriatric Meeting “Loneliness in Older adults and how to cope with it?” by Dr Fatimath Naeema Nashreen.

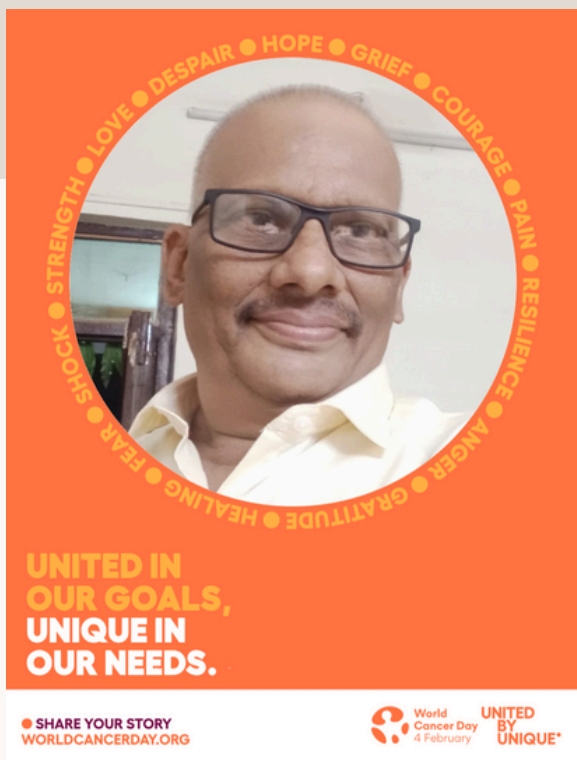
FIND OUT MORE



## My Story, My Hope series

In this new series, we will see some stakeholders having a detailed with Lung Connect regarding their role and journey in lung cancer care. Rasika is living with lung cancer and also leading buddy program.

WATCH NOW



## Patient/ Caregiver Corner

VILAS KHADE-  
AKOLA, MAHARASHTRA

In November 2022, my life was shattered by an advanced-stage esophageal cancer diagnosis—CT<sup>4</sup>N<sup>2</sup>. The tumor was large, measuring 9 cm by 3 cm, and had already spread to my lymph nodes. Hearing those words from the doctor felt like the earth had swallowed me whole. It was a devastating moment, but in the very same instant, I made a vow: I wasn't going to give up. I started my treatment at NCI Nagpur, where I underwent 14 chemotherapy cycles and 33 radiation sessions. Every day felt like an unrelenting battle—physically, emotionally, and mentally. The side effects of treatment drained me, leaving me feeling weak and uncertain at times.

[READ FULL STORY](#)

## Coming Up

### 8<sup>TH</sup> MASTERCLASS IN LUNG CANCER

1. 8<sup>th</sup> Masterclass in lung cancer and advocacy workshop on 18<sup>th</sup> July in Varanasi.
2. Sarcoma in lung Awareness

### [FIND OUT MORE](#)

## Buddy Program

### [UPDATE OF OUR NEW INITIATIVE](#)

We're thrilled to share a milestone from our Buddy Program- Saath Nibhaye, Hausla Badhaaye at Lung Connect India Foundation – we've reached 30+ buddy supporters!

[JOIN OUR BUDDY PROGRAM](#)



# Highlights of the month

JUNE BRINGS WARMTH AND HOPE – A TIME TO HONOR STRENGTH AND SURVIVAL.

1. Lung Connect India Foundation created a series involving cancer survivors.
2. We had awareness of Mens' Health Week. Because lung cancer is very common among men.
3. We also got a great response to our buddy program which has crossed 30+ buddy supporters now, and it is all free of cost.
4. We had a meaning of World Environment Day with respect to lung cancer.
5. We had brain metastasis awareness in lung cancer as June is also used for that purpose.
6. We had a special session on yoga led by someone who is living with lung cancer and it was very well received.
7. We have reached 5272 people on YouTube and have been watched 474 hours. By our initiative we have supported 15,324 (Instagram), 23,700 (Facebook), 4,279 (LinkedIn) and 3,492 (X).



## Survivor Speaks

"जब मुझे कैंसर हुआ, तो मेरे मन में कई सवाल थे लेकिन कोई जवाब नहीं। फिर मैं लंग कनेक्ट से जुड़ा। वहाँ मुझे कई ऐसे मरीज़ मिले जो कैंसर होने के बावजूद एक स्वस्थ और शांत जीवन जी रहे थे। उनसे मुझे हिम्मत मिली। लंग कनेक्ट बहुत ही शानदार काम कर रहा है।"

— देबदुलाल चक्रवर्ती, पश्चिम बंगाल

NATIONAL CANCER SURVIVOR MONTH SPECIAL



## Cancer Survivors Month

To every cancer survivor: your courage inspires us, your journey empowers others, and your resilience reminds us of what it truly means to fight and thrive. This month we had a special series "SURVIVOR SPEAKS", where we heard a few lines of more than 10 brave souls who gave us immense motivation.

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