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LUNG CONNECT INDIA FOUNDATION

राज्य में कैंसर की रोकथाम, चिकित्सा एवं समुचित प्रबंधन हेतु बिहार कैंसर केयर एण्ड रिसर्च सोसाईटी का गठन।

राज्य में कैंसर की वर्त्तमान चिकित्सा व्यवस्था के सुदृढ़ीकरण एवं विस्तारीकरण सहित कैंसर की रोकथाम तथा स्क्रीनिंग के फलस्वरूप निरन्तर चिन्हित हो रहे मरीजों की संख्या में उत्तरोत्तर वृद्धि के दृष्टिगत मरीजों को समयबद्ध चिकित्सा एवं समुचित प्रबंधन उपलब्ध कराने हेतु एक पृथक एवं समर्पित शीर्ष संस्था बिहार कैंसर केयर एण्ड

WELCOME TO OUR

Monthly Newsletter

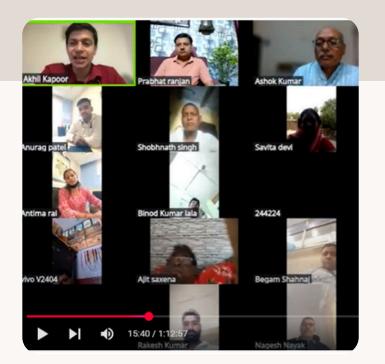
<u>About Us</u>



We are the first of its kind and the only one Lung Cancer Support Group in India and South East Asia. We are a Patient Support and Patient Advocacy Group. We aim to support patients holistically. We believe that knowledge is power. By providing comprehensive educational resources, we aim to empower patients and their families with the information they need to make informed decisions about their health and treatment options. Our advocacy efforts focus on raising awareness, influencing policy changes, and ensuring that lung cancer patients receive the best possible care and support.

In this newsletter you will find:

Latest activities, workshops, free resources, and more. Keep Reading!



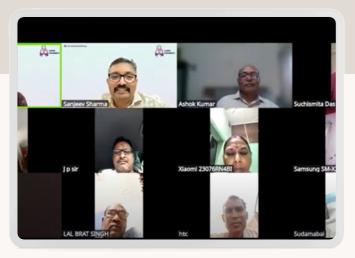
<u>Support Group</u> <u>Meetings</u>

WE HAVE FIXED DAYS, FIXED TIMINGS FOR THEM.

Mumbai Chapter- We have successfully conducted 142th Support Group Meeting " Understanding the Difference between Tuberculosis and Lung Cancer by Dr Devayani Niyogi followed by Q&A Session by Dr Mehak Tritha.

UP-Bihar Chapter- We have successfully concluded 143rd Support Group Meeting "Role of Clinical Trials in Shaping the Future of Lung Cancer Treatment" by Dr Akhil Kapoor followed by Q&A session by Dr Amit Kumar.

Gujarat Chapter- We have successfully concluded 144th Support Group Meeting Tobacco and Its Side Effects by Dr Palak Bhatt followed by Q&A session by Dr Rushabh Kothari.



<u>Geriatric Special</u>

DEDICATED MEETING FOR ELDER PATIENTS

We have successfully concluded our 37th Geriatric Meeting "Mobility and Falls Prevention for Older Patients" by Dr Nabila Ansari.

FIND OUT MORE



Importance of PET-CT Scan

Every lung cancer patient is suggested for PET-CT Scan during their diagnosis. We published a detailed video on how PET-CT scan works and its's importance.

WATCH NOW



Patient/ Caregiver Corner

PARESH SHAH-VADODARA, GUJARAT

Hello everyone, I am Paresh Shah, and I hail from Gujarat, India. I would like to share my personal journey with all of you, in the hope that it might offer strength and support to those facing similar challenges. In 2018, I received the diagnosis of lung cancer, and that moment was, without a doubt, one of the most devastating of my life. When the doctor told me the news, I was overcome with emotions and tears. The thought of facing such a serious illness filled me with fear, and I wondered how I would cope with what lay ahead. However, as I reflected on my situation, I realized that life, in general, is uncertain. No one is guaranteed tomorrow.

READ FULL STORY

Survivor Speaks



"मैं लंग कनेक्ट इंडिया फाउंडेशन की दिल से आभारी हूँ। फेफड़ों के कैंसर के साथ जीना बेहद कठिन होता है, लेकिन इस संस्था ने मुझे उम्मीद, हौसला दिया और ज़रूरत के समय यह भी बताया कि आर्थिक मदद कैसे प्राप्त कर सकती हूँ। उनके सहयोग और देखभाल ने मुझे हिम्मत के साथ अपनी लड़ाई जारी रखने में मदद की। अब मैं अपने अनुभव के साथ अपने गांव में जागरूकता फैलाने की कोशिश कर रही हूँ।"

Coming Up

CANCER SURVIVORS MONTH

- 1. A special series coming up "Survivor Speaks" associating 12-15 survivors
- 2. Special video on International Yoga Day

FIND OUT MORE



Buddy Program

UPDATE OF OUR NEW INITIATIVE

We're thrilled to share a milestone from our Buddy Program- Saath Nibhaye, Hausla Badhaaye at Lung Connect India Foundation – we've reached 100 buddy seekers!

JOIN OUR BUDDY PROGRAM

Highlights of the month

MAY IS FOR MOMENTUM – LET'S MOVE FORWARD WITH HOPE, HELP, AND HEALING.

- 1. Lung Connect India Foundation furthered patient advocacy by urging inclusion of genomic testing, targeted therapy, and immunotherapy in health schemes, and calling for cancer to be notifiable to ensure care in Bihar.
- 2. Conducted an Educational Series of videos by various experts for lung cancer patients and caregivers.
- 3. Lung Connect emphasized that the high cost of treatment prevents many patients from accessing advanced therapies.
- 4. We have published an article with our global collaborator UICC on No Tobacco Day.
- 5. We had special presentation for Womens' Health week and No Tobacco Day.
- 6. We have reached 9186 people on YouTube and have been watched 376 hours. By our initiative we have supported 10, 503 (Instagram), 15,529 (Facebook), 5747 (LinkedIn) and 5853(X).



World No Tobacco Day.

Every puff brings you closer to lung cancer.



IT'S OKAY NOT TO BE OKAY

You don't have to have it all together all the time.



<u>Mental Health Awareness</u> Month <mark>2 69</mark>

May is Mental Health Awareness Month–a reminder that emotional well-being matters, especially for lung cancer patients. Coping with diagnosis, treatment, and uncertainty can be overwhelming. Let's break the stigma and prioritize mental health alongside physical care. You are not alone.

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