

# JANUARY- 24



**MEETING**  
PHYSIOTHERAPY AND ITS RELEVANCE IN LUNG CANCER

**KEY TAKEAWAYS**

- Lung Connect successfully concluded its 17th UP-Bihar Support Group Meeting which was held on 17th January, 2024.
- Dr. Manali gave us useful insights and the importance of incorporating Physiotherapy during lung cancer treatment and answered all the doubts of the viewers regarding the same. She also allowed her to do some common exercises to the patients with her presentation.
- Dr. Anil and Dr. Ashi helped patients by answering their queries.
- 43 patients/ caregivers joined the session and online views are still counting.

**PANELIST:**

- DR. MANALI KUMAR, Physiotherapist, Tata Memorial Hospital
- DR. ANIL KUMAR, Assistant Professor, Medical Oncology, Tata Memorial Hospital, Varanasi
- DR. ASHI KUMAR, Senior Consultant Medical Oncology, Madan Mohan Hospital, Patna

**MAINTAIN HAEMOGLOBIN DURING LUNG CANCER TREATMENT**

NUTRITION - IMPORTANCE AND MANAGEMENT

- Try to take green vegetables in good amount.
- Soak haleem k daane in water overnight. Add lime juice and drink over food.
- You can take chia seeds also soaked overnight.
- You can take nuts, cooked eggs and chicken.
- Try to take protein powder as prescribed by your dietician in the day before 7pm.

5:00  
12th January, 2024

**Patient**  
Follow ups are to be done for lifetime or can it be stopped after 10-15 years?

**Doctor**  
The patient may be healthy and may feel there is no need for follow ups. However, we as doctors need you to get inspired and treat other patients. Further more, it's important to come for follow up for medical reasons too. So, please keep visiting.

**17<sup>TH</sup> LUNG CONNECT UP-BIHAR SUPPORT GROUP MEETING**  
17TH JAN, 24 | 4 PM TO 5:30 PM

TOPIC: Physiotherapy and its relevance in Lung Cancer by Dr. Manali Kumar. Followed by question & answer session with Dr. Anil Kumar and Dr. Ashi Kumar.

Panelists: Dr. Manali Kumar, Dr. Anil Kumar, Dr. Ashi Kumar.

**Happy**

मैंने अपनी उम्मीदें बरकरार रखीं और डॉक्टरों पर भरोसा रखा। इस कठिन समय में Caregiver और Patient दोनों को जो बड़ों की ऊर्जा मिलती है।  
-Md Rizwan, Caregiver, Patna

Happy Pongal, Makar Sankranti and Maghi

be filled with prosperity and happiness while surrounded in the world to you. Praying for good health for all our ca

**MEETING**  
NUTRITION - IMPORTANCE AND MANAGEMENT DURING LUNG CANCER

**KEY TAKEAWAYS**

- Lung Connect conducted its 69th Support Group Meeting which was held on 12th January, 2024.
- Ms Vandana Mahajan welcomed the most participants and introduced the topic following which Ms Prii Analkar gave a very informative session on how important is diet and nutrition during lung cancer treatment.
- Dr. Arnav Tangankar then addressed multiple participants' case-related queries offering advice and sources for action.
- In conclusion we heard few words of wisdom from Ms Khushi Sonant about her experiences with Lung Cancer.

**PANELISTS:**

- MS VANDANA MAHAJAN, Medical Oncologist, Tata Memorial Hospital
- DR. ARNAV TANGANKAR, Medical Oncologist, Tata Memorial Hospital
- MS PRII ANALKAR, Nutritionist, Tata Memorial Hospital
- MS KHUSHI SONANT, Young Lung Cancer warrior
- MS VANDANA MAHAJAN, Medical Oncologist, Tata Memorial Hospital

**National YOUTH DAY**  
12th January  
Tobacco free youth- Healthy Youth!

We want youth to understand the danger of tobacco in any form.

**69<sup>TH</sup> LUNG CONNECT SUPPORT GROUP MEETING**  
12th January, 2024  
Friday, 4 to 5 pm

TOPIC: Nutrition - Importance and Management in lung cancer by Ms Prii Analkar. FOLLOWED BY Q&A SESSION BY DR. ARNAV TANGANKAR.

Panelists: Ms Prii Analkar, Dr. Arnav Tangankar, Ms Khushi Sonant, Ms Vandana Mahajan.

## Regular Activities

1. PAN -India Support Group Meeting.
2. UP-BIHAR Support Group Meeting.
3. Gujarat Support Group Meeting.

## Major Updates

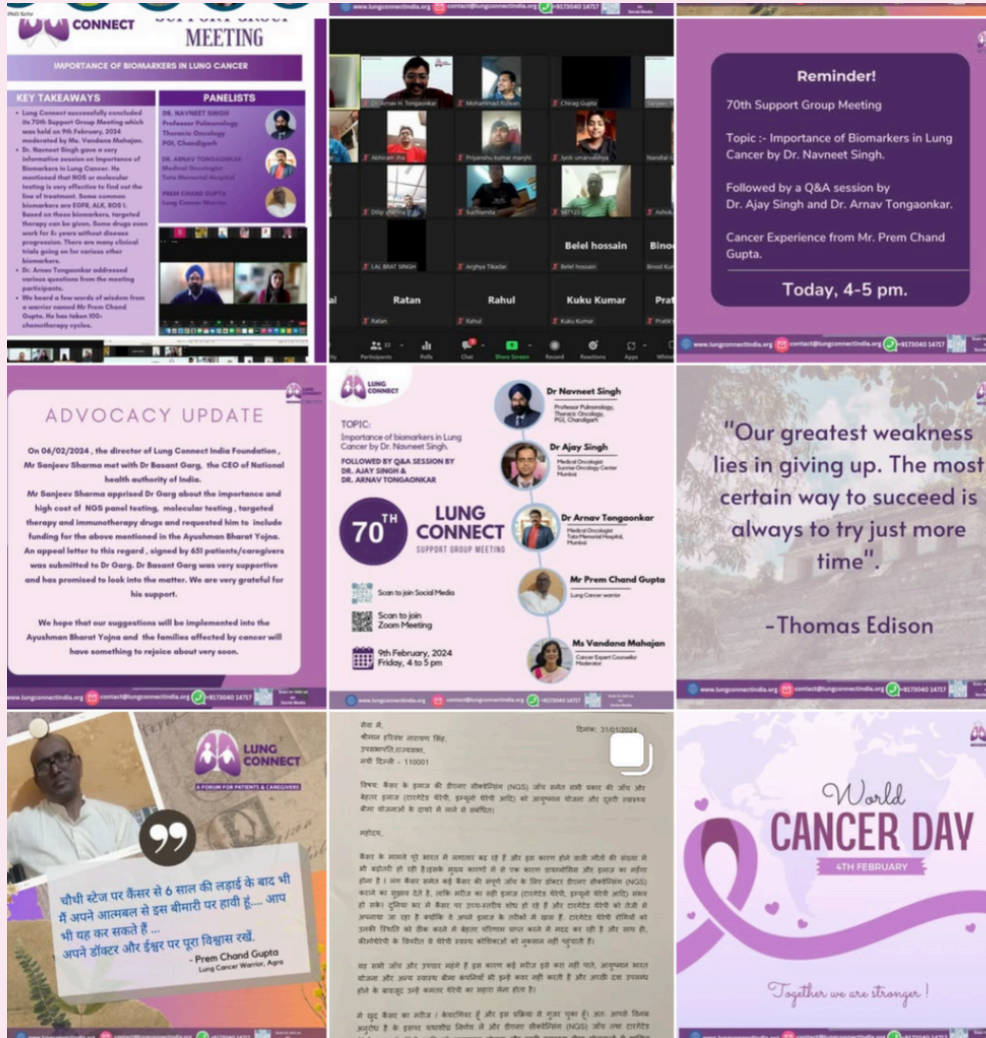
1. We started our patient messages series.
2. We focused on Geriatric meetings specially for older patients.
3. We have put up educational resources on social media for lung cancer patients and caregivers.
4. We have posted a panel discussion video led by Dr Sewanti Limaye on strengthening lung cancer advocacy.
5. We have posted a special video about how to take care of elder patients during lung cancer treatment.

## SOCIAL MEDIA ROUND OFFS

We have reached 0.83 Lakhs impressions and 552 followers on Twitter (X) till January 31, 2349 accounts and 1045 engagements in the last 28 days on facebook. 1.5k people are following us on our page and 1.9K members in our Lung Cancer India Facebook group. We are a family of 55 on Instagram and 77 on LinkedIn till now.

We have added the patients and caregivers in our Support Group Meetings and the views on YouTube live and videos to reach to this figure. Our Initiative has benefitted 4567 patients. We have got a very overwhelming response Importance of Diet in lung cancer treatment live on YouTube too. We have also crossed 271 watch hours this month. We have a long way to go. If you support us, please do join us on social media.

# FEBRUARY- 24



## Regular Activities

1. PAN -India Support Group Meeting.

2. UP-BIHAR Support Group Meeting.

3. Gujarat Support Group Meeting.

## Major Updates

Lung Connect has been working relentlessly in the area of patient advocacy. In an event organized by CANCER WALA CAMERA in Delhi, Lung Connect India Director Mr. Sanjeev Sharma and Lt. Mr. Ravi Prakash presented an appeal letter, signed by 651 lung cancer patients, to the chief guest, Shri Harivansh Narayan Singh, Deputy Chairman of Rajya Sabha, on behalf of all lung cancer patients in India. The memorandum states that "all types of tests, including MOLECULAR TESTS for cancer treatment, TARGETED THERAPY, IMMUNOTHERAPY be brought under the ambit of AYUSHMAN BHARAT YOJANA and other health insurance schemes." It also emphasized the need to focus for new medicine research and clinical trials in India.

## SOCIAL MEDIA ROUND OFFS

We have reached 0.67 Lakhs impressions and 594 followers on Twitter (X) till February 29, 1843 accounts and 927 engagements in the last 28 days on facebook. 1.56k people are following us on our page and 1.92K members in our Lung Cancer India Facebook group. We are a family of 81 on Instagram and 101 on LinkedIn till now.

We have added the patients and caregivers in our Support Group Meetings and the views on YouTube live and videos to reach to this figure. Our Initiative has benefitted 4549 patients. We have got a very overwhelming response on a Caregiver's of a Stage 4 lung cancer patient testimonial- Jigar Shah video on YouTube too. We have also crossed 336 watch hours this month. We have a long way to go. If you support us, please do join us on social media.

# MARCH- 24



**TOPIC OF DISCUSSION**  
 Multiple myeloma: A blood cancer that affects plasma cells.  
 Dr. Anshu Kulkarni  
 Multiple myeloma: A blood cancer that affects plasma cells.  
 Dr. Anshu Kulkarni

**FRIDAY, MARCH 15 2024**  
 4:00 pm

"Don't use your energy to worry. Spend your energy on things that will improve your life."  
 - Estelle Darcy

**رمضان مبارک**  
**RAMZAN MUBARAK**  
 We wish that the holy spirit of Ramadan enlighten our souls and bless all families fighting with cancer.

**2022 में मुझे वैजकों के निगर का पता पता था।**  
 भुक्तान में मेरी हालत ठीक नहीं थी, सभी डॉक्टरों और सहयोगी स्टाफ के मदद से अभी मैं अच्छा हूँ। मैं सभी से कहना चाहता हूँ कि निगर रखो और अपने डॉक्टरों पर भरोसा रखो। हम मिलकर कैंसर पर जीत हासिल कर सकते हैं।  
 - Nandini Gupta  
 Lung Cancer Warrior, Shalimar, UP

"You are never too old to set another goal or to dream a new dream."  
 Malala Yousafzai

**WELCOME TO**  
**CHEMOTHERAPY INDUCED NEUROPATHY - CAUSES AND MANAGEMENT**

**KEY TAKEAWAYS**

- Lung Connect successfully organized its 100th Support Group Meeting which was held on 15th March 2024.
- Dr. Ajay Kumar Singh gave a very informative and useful chemotherapy induced neuropathy. He mentioned that if you have any tingling or numbness in your hands or feet, it could be a sign of chemotherapy induced neuropathy.
- Dr. Anshu Kulkarni explained the causes and management of chemotherapy induced neuropathy.
- Multiple patients and caregivers shared their thoughts and experiences from Lung Connect sessions.
- Multiple doctors and nurses participated in the meeting.
- Multiple patients and caregivers shared their experiences and challenges.
- The session was highly interactive and had a very good response.

**PANELISTS**

DR. AJAY KUMAR SINGH  
 Medical Director at Shalimar Cancer Centre, Ghaziabad

DR. ANSHU KULKARNI  
 Medical Oncologist, Tata Memorial Hospital, Mumbai

DR. JALPA DAVAR  
 Support Group Volunteer

**International WOMEN'S DAY**  
 "Women can make a difference but together they can rock the world."  
 Love all strong women around us be it Patients, caregivers, Doctors, Dieticians, Physiotherapists, Nurses and our team members.

**Reminder!**  
 100th PAN India Support Group Meeting  
 Topic :- Chemotherapy Induced Neuropathy - Causes and Management by Dr. Ajay Kumar Singh.  
 Today, 4-5 pm.

**Happy 100**  
 100th PAN India Support Group Meeting

**BREATHING HOPE**  
 100th PAN India Support Group Meeting

- ## Regular Activities
1. PAN -India Support Group Meeting.
  2. UP-BIHAR Support Group Meeting.
  3. Gujarat Support Group Meeting.

- ## Major Updates
1. We arranged our 100th Support Group Meeting with all stakeholders of Lung Cancer.
  2. Our patient message series is going on well.
  3. Dedicated separate support group meeting for geriatric or elder patients.
  4. We featured a video on mental well- being of lung cancer patients and caregivers.
  5. We featured a video on Role of Support Groups for lung cancer patients and caregivers.
  6. Featured a special video on Important pointers to keep in mind for lung cancer patients and caregivers.

## SOCIAL MEDIA ROUND OFFS

We have reached 1.1 Lakhs impressions and 638 followers on Twitter (X) till March 31, 4578 accounts and 2971 engagements in the last 28 days on facebook. 1.59k people are following us on our page and 1.93K members in our Lung Cancer India Facebook group. We are a family of 98 on Instagram and 112 on LinkedIn till now.

We have added the patients and caregivers in our Support Group Meetings and the views on YouTube live and videos to reach to this figure. Our Initiative has benefitted 4280 patients. We have got a very overwhelming response on the Important pointers to keep in mind for patients and caregivers- Vandana Mahajan on YouTube too. We have also crossed 273 watch hours this month. We have a long way to go. If you support us, please do join us on social media.

# APRIL- 24



## Regular Activities

1. PAN -India Support Group Meeting.
2. UP-BIHAR Support Group Meeting.
3. Gujarat Support Group Meeting.

## Major Updates

1. Had a unique type of topic in the Support Group Meeting- Music Therapy.
2. Featured a video about mental health concerns for patients/ caregivers during lung cancer treatment.
3. Started promoting about Clinical Trials in India.
4. Clinical Trials update for EGFR positive mutation NSCLC, this is a groundbreaking RCT from India.

## SOCIAL MEDIA ROUND OFFS

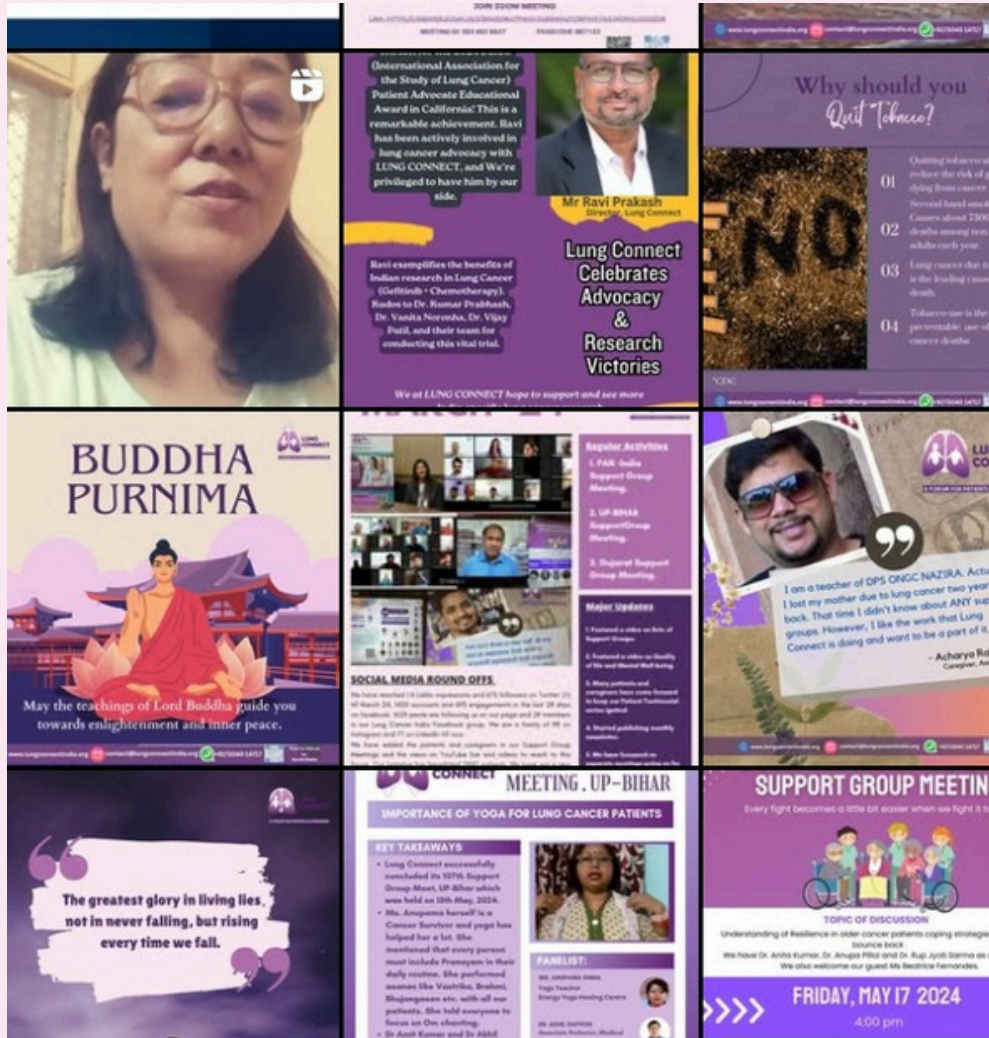
We have reached 0.95 Lakhs impressions and 657 followers on Twitter (X) till April 30, 6719 accounts and 4539 engagements in the last 28 days on facebook. 1.67k people are following us on our page and 1.95K members in our Lung Cancer India Facebook group. We are a family of 124 on Instagram and 145 on LinkedIn till now.

We have added the patients and caregivers in our Support Group Meetings and the views on YouTube live and videos to reach to this figure. Our Initiative has benefitted 4723 patients. We have got a very overwhelming response Caregiver's testimonial- Mohammad Rizwan about what you should remember while going to Doctor's OPD on YouTube too. We have also crossed 302 watch hours this month. We have a long way to go. If you support us, please do join us on social media.



# MONTHLY NEWSLETTER

# MAY-24



## Regular Activities

1. PAN -India Support Group Meeting.
2. UP-BIHAR Support Group Meeting.
3. Gujarat Support Group Meeting.

## Major Updates

1. Featured a patient testimonial video on our channel
2. We successfully became UICC member
3. This month we focussed on Mental health for lung cancer patients/ caregivers
4. One of our team member got completion certificate about Advocacy for improved cancer control from UICC
5. Our Director Ravi Prakash has been chosen for the IASLC Patient Advocate Educational Award
6. We are having dedicated meeting for Geriatric OPD or Elderly Patients

## SOCIAL MEDIA ROUND OFFS

We have reached 1.2 Lakhs impressions and 682 followers on Twitter (X) till May 31, 5834 accounts and 2779 engagements in the last 28 days on facebook. 1.72k people are following us on our page and 1.96K members in our Lung Cancer India Facebook group. We are a family of 153 on Instagram and 193 on LinkedIn till now.

We have added the patients and caregivers in our Support Group Meetings and the views on YouTube live and videos to reach to this figure. Our Initiative has benefitted 4120 patients. We have got a very overwhelming response on Patient testimonial- Swapna Zimba on YouTube too. We have also crossed 227 watch hours this month. We have a long way to go. If you support us, please do join us on social media.



# JUNE- 24



**DID YOU KNOW?**

India is soon to become the cancer capital of the world. According to a report of National Cancer Registry Programme, 14 Lakhs new cases were registered before 2020. It is possibly going to be 20 Lakhs within 2025 and 25 Lakhs within 2030.

**Cancer Registry Programme**

www.lungconnectindia.org | contact@lungconnectindia.org | +917304014717



“ Just one small positive thought in the morning can change your whole day. ”

- Dalai Lama

www.lungconnectindia.org | contact@lungconnectindia.org | +917304014717

05 JUNE

**WORLD ENVIRONMENT DAY**

Reduce, Reuse, Recycle

www.lungconnectindia.org | contact@lungconnectindia.org | +917304014717



“

મનથી જીવન બદલવા માટે જીવન સુધારવાનો પ્રયત્ન કરવો જોઈએ. આ વાતને અમને યાદ રાખવાની જરૂર છે. પરિવર્તન અભાવે જીવન બદલાઈ શકતું નથી. - Sarat Mehta

www.lungconnectindia.org | contact@lungconnectindia.org | +917304014717

**Cancer Survivor's Day**  
2 JUNE, 2024

Today, we celebrate the incredible strength and resilience of all those who have fought cancer.

Our Lung Connect community members are survivors: you are an inspiration!

www.lungconnectindia.org | contact@lungconnectindia.org | +917304014717

**- GUJARAT**

**ROLE OF PHYSIOTHERAPY IN LUNG CANCER TREATMENT**

KEY TAKEAWAYS	PENALISTS
<ul style="list-style-type: none"> <li>Lung Connect successfully concluded its 108th Support Group Meet - Gujarat which was held on 31st May, 2024.</li> <li>Dr. Prasad gave some useful insights about how Physiotherapy/Exercise can make a patient feel better during their lung cancer treatment.</li> <li>She also showed how to do the breathing exercises with apparatus.</li> <li>She said doing 150 minutes of exercise in a week is very important for everyone.</li> <li>After the session, patients took</li> </ul>	<ul style="list-style-type: none"> <li><b>DR. PRADEEP K. MEHTA</b> Department of Physiotherapy, Tata Memorial Hospital, Mumbai</li> <li><b>DR. RAGHAV KOTHE</b> Consultant in Physiotherapy, Gujarat Cancer Centre, Ahmedabad</li> <li><b>PHYSIOTHERAPIST</b> Lung Cancer Patients &amp; Family Support, Lung Connect</li> </ul>

www.lungconnectindia.org | contact@lungconnectindia.org | +917304014717

**Reminder!**

108th Support Group Meeting - Gujarat

Topic: Role of Physiotherapy for Lung Cancer Patients.

Today, 4-5 pm.

- ## Regular Activities
1. PAN -India Support Group Meeting.
  2. UP-BIHAR Support Group Meeting.
  3. Gujarat Support Group Meeting.

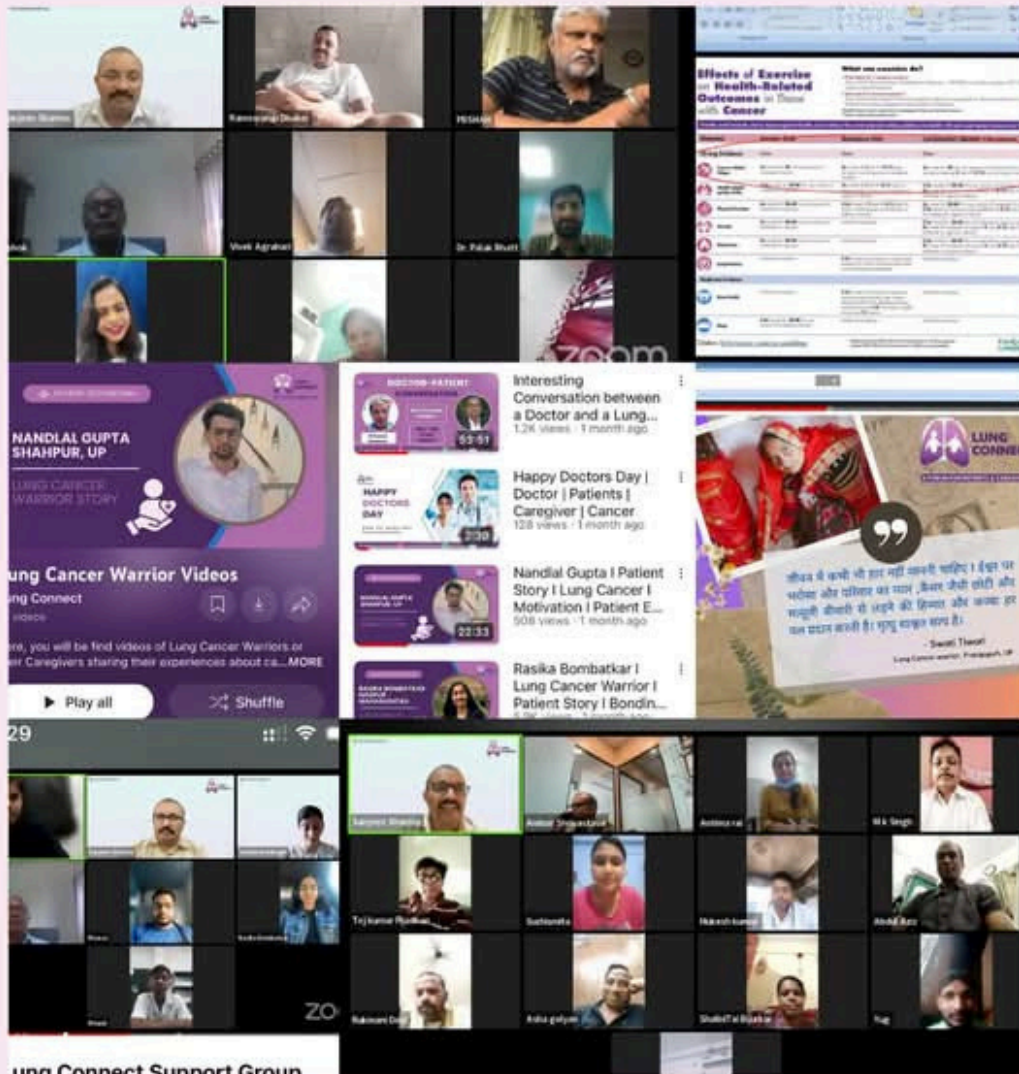
- ## Major Updates
1. We celebrated Cancer Survivor's day with zeal
  2. Our patient series going on pretty well
  3. We started a mental health awareness campaign on social media
  4. We believe that every cancer journey is different, thus tried to reach out to more people by our patient testimonial videos- Soumendranath Das, Abdul Aziz, Rasika Bombatkar and Nandlal Gupta

## SOCIAL MEDIA ROUND OFFS

We have reached 1.6 Lakhs impressions and 711 followers on Twitter (X) till June 30, 7834 accounts and 3765 engagements in the last 28 days on facebook. 1.81k people are following us on our page and 1.98K members in our Lung Cancer India Facebook group. We are a family of 201 on Instagram and 213 on LinkedIn till now.

We have added the patients and caregivers in our Support Group Meetings and the views on YouTube live and videos to reach to this figure. Our Initiative has benefitted 9314 patients. We have got a very overwhelming response on Patient Testimonial- Rasika Bombatkar on YouTube too. We have also crossed 455 watch hours this month. We have a long way to go. If you support us, please do join us on social media.

# JULY- 24



## Regular Activities

1. PAN -India Support Group Meeting.
2. UP-BIHAR Support Group Meeting.
3. Gujarat Support Group Meeting.

## Major Updates

1. Featured a conversation between an oncologist and a cancer warrior for the first time.
2. Featured a video on Doctor's Day from our patients and caregivers.
3. Created a playlist with real people dealing/living with lung cancer.
4. Many patients and caregivers have come forward to keep our Patient Testimonial series ignited.
5. We have focussed on separate meetings going on for older patients.

## SOCIAL MEDIA ROUND OFFS

We have reached 2.3 Lakhs impressions and 767 followers on Twitter (X) till July 24, 1362 accounts and 538 engagements in the last 28 days on facebook. 1826 people are following us on our page and 2.4K members in our Lung Cancer India Facebook group. We are a family of 136 on Instagram and 145 on LinkedIn till now.

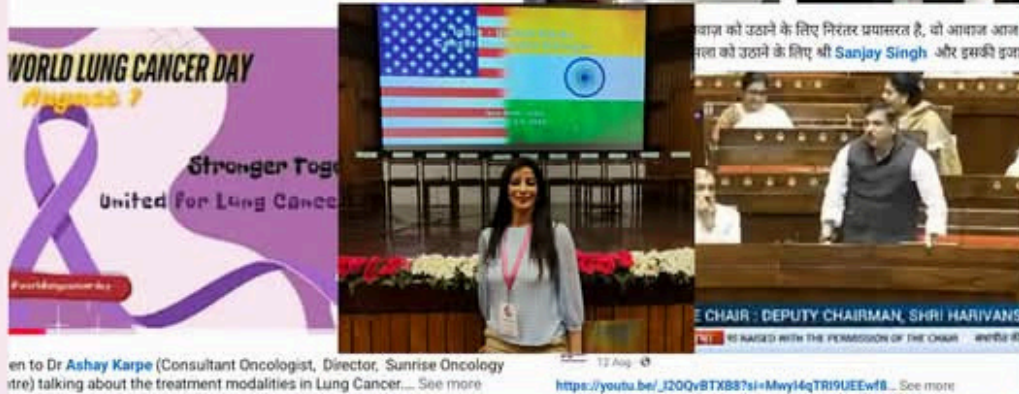
We have added the patients and caregivers in our Support Group Meetings and the views on YouTube live and videos to reach to this figure. Our Initiative has benefitted 9284 patients. We have got a very good response on the Patient Testimonial-Rasika Bombatkar video on YouTube too. We have also crossed 412 watch hours this month. We have a long way to go. If you support us, please do join us on social media.

# AUGUST- 24



## Regular Activities

1. PAN -India Support Group Meeting.
2. UP-BIHAR Support Group Meeting.
3. Gujarat Support Group Meeting.



...to Dr Ashay Karpe (Consultant Oncologist, Director, Sunrise Oncology Centre) talking about the treatment modalities in Lung Cancer... See more

[https://youtu.be/\\_J20Qv8TXB87si+Mwy14qTRI9UEEwfs](https://youtu.be/_J20Qv8TXB87si+Mwy14qTRI9UEEwfs)... See more

### Treatment Modalities in Lung Cancer

Dr Ashay Karpe (Director, Sunrise Oncology Centre)

PATIENT TESTIMONIAL

**RANJIT KUMAR PRADHAN**  
CONTAL, WB

LUNG CANCER WARRIOR STORY

youtube.com/Ranjit Kumar Pradhan | Patient Story | Lung Cancer | Motivation | Patient Experience

## Major Updates

1. Organized a special virtual discussion with all stakeholders on World Lung Cancer Day.
2. Our volunteer attended India-US Moonshot Dialogue.
3. We have a new volunteer moderating our UP-BIHAR Chapter Support Group Meeting.
4. Our Patient Testimonial series is still going on well.
5. We have focussed on separate meetings going on for older patients.
6. Our voice has reached Rajya Sabha.

## SOCIAL MEDIA ROUND OFFS

We have reached 2.5 Lakhs impressions and 781 followers on Twitter (X) till August 24, 1102 accounts and 450 engagements in the last 28 days on facebook. 1917 people are following us on our page and 2.5K members in our Lung Cancer India Facebook group. We are a family of 145 on Instagram and 180 on LinkedIn till now.

We have added the patients and caregivers in our Support Group Meetings and the views on YouTube live and videos to reach to this figure. Our Initiative has benefitted 5127 patients. We have got a very good response on our World Lung Cancer Day special discussion on YouTube too. We have also crossed 311 watch hours this month. We have a long way to go. If you support us, please do join us on social media.



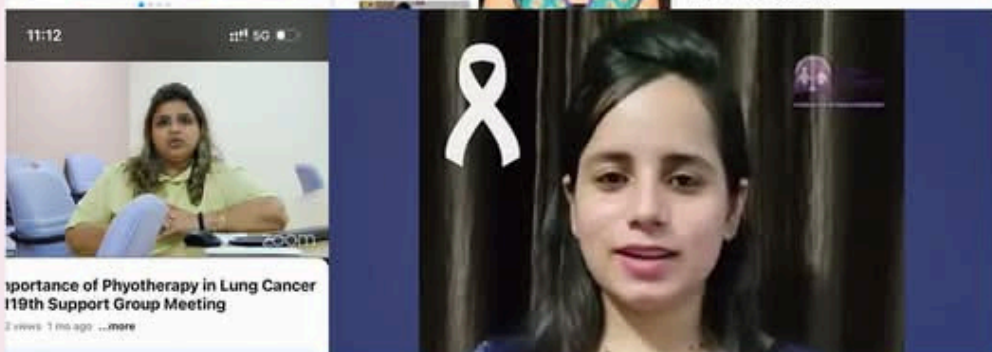


## Regular Activities

1. PAN -India Support Group Meeting.

2. UP-BIHAR Support Group Meeting.

3. Gujarat Support Group Meeting.



## Major Updates

1. Our director Lt Ravi Prakash received IASLC patient advocate award.

2. Our CEO Mr Sanjeev Sharma attended the World Cancer Congress held by UICC.

3. Our Lead Counselor Ms Vandana Mahajan attended the Chattisgarh Cancer Conclave.

4. We featured a special video on world physical therapy day.

5. We have focussed on separate meetings going on for older patients.

6. We lost one of our directors Mr Ravi Prakash to lung cancer.

## SOCIAL MEDIA ROUND OFFS

We have reached 2.8 Lakhs impressions and 792 followers on Twitter (X) till September 30, 1.8k accounts and 604 engagements in the last 28 days on facebook. 1933 people are following us on our page and 2.55K members in our Lung Cancer India Facebook group. We are a family of 175 on Instagram and 200 on LinkedIn till now.

We have added the patients and caregivers in our Support Group Meetings and the views on YouTube live and videos to reach to this figure. Our Initiative has benefitted 3475 patients. We have got a very good response on our World Lung Cancer Day special discussion on YouTube too. We have also crossed 230 watch hours this month. We have a long way to go. If you support us, please do join us on social media.



# OCTOBER-24



## Regular Activities

1. PAN -India Support Group Meeting.
2. UP-BIHAR Support Group Meeting.
3. Gujarat Support Group Meeting.

## Major Updates

1. We have planned out whole Agenda for lung cancer awareness month.
2. A lung cancer warrior article published on crst online.
3. We were a part of Breast Cancer awareness campaign in TMH Varanasi.
4. We have focussed on separate meetings going on for older patients.
5. Our support group meetings getting immense love from the patients and caregivers.

## SOCIAL MEDIA ROUND OFFS

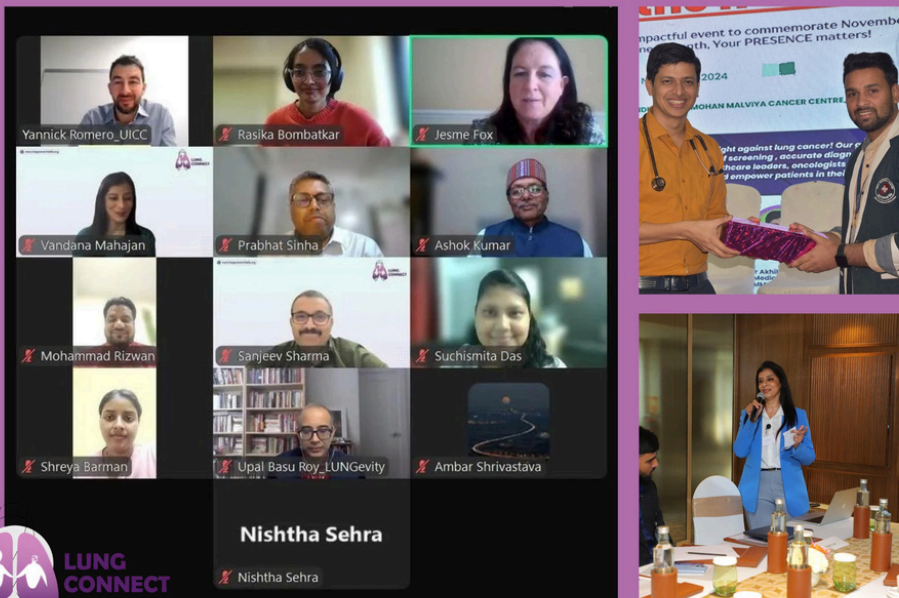
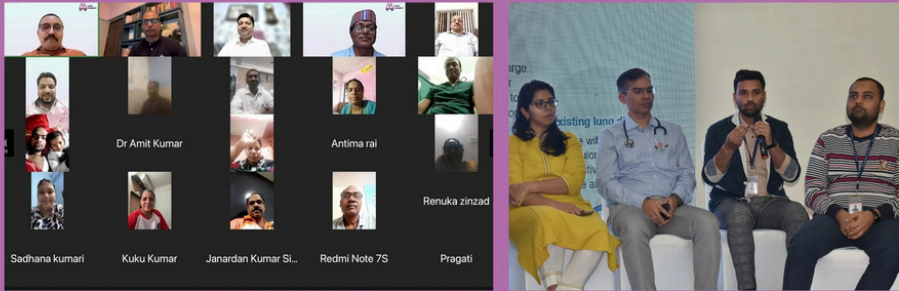
We have reached 3.0 Lakhs impressions and 800 followers on Twitter (X) till October 31, 1.6k accounts and 836 engagements in the last 28 days on facebook. 1999 people are following us on our page and 2.55K members in our Lung Cancer India Facebook group. We are a family of 200 on Instagram and 211 on LinkedIn till now.

We have added the patients and caregivers in our Support Group Meetings and the views on YouTube live and videos to reach to this figure. Our Initiative has benefitted 6524 patients. We have got a very good response on Patient Testimonial- Rasika Bombatkar on YouTube too. We have also crossed 330 watch hours this month. We have a long way to go. If you support us, please do join us on social media.



# MONTHLY NEWSLETTER

# NOVEMBER- 24



## Regular Activities

1. PAN -India Support Group Meeting.

2. UP-BIHAR Support Group Meeting.

3. Gujarat Support Group Meeting.

## Major Updates

1. We had a global Advocacy Webinar.

2. 30 Days 30 Videos successfully concluded.

3. A-Z Glossary of Lung Cancer series successfully concluded.

4. Cancer doesn't define me Series successfully concluded.

5. Awareness Program held in TMH Varanasi.

6. We have partnered to publish a white with Aspire.

7. We also attended round table organized by PAIR.

8. Launched a new initiative- Buddy Program.

## SOCIAL MEDIA ROUND OFFS

We have reached 3.1 Lakhs impressions and 812 followers on Twitter (X) till November 30, 27,843 accounts and 1345 engagements in the last 28 days on facebook. 2.1k people are following us on our page and 2.7K members in our Lung Cancer India Facebook group. We are a family of 340 on Instagram and 339 on LinkedIn till now.

We have added the patients and caregivers in our Support Group Meetings and the views on YouTube live and videos to reach to this figure. Our Initiative has benefitted 69,216 patients. We have got a very overwhelming response Global Advocacy Webinar live on YouTube too. We have also crossed 434 watch hours this month. We have a long way to go. If you support us, please do join us on social media.





## Regular Activities

1. PAN -India Support Group Meeting.
2. UP-BIHAR Support Group Meeting.
3. Gujarat Support Group Meeting.

## Major Updates

1. We had our 8th Annual Year End Review in Lung Cancer
2. In the NGO workshop- we had arranged for 3 panel discussions with different stakeholders of lung cancer
3. In the panel discussion we were lucky to have an international panel as well
4. We participated in AYA Cancer Congress Conference in Australia
5. We also participated in Hopeful Voices 2024 in Singapore
6. We also participated in Lung Health and National Oncology Conference in Delhi
7. We also held an awareness programme in Indiana Group

## SOCIAL MEDIA ROUND OFFS

We have reached 3.5 Lakhs impressions and 819 followers on Twitter (X) till December 31, 29,334 accounts and 3821 engagements in the last 28 days on facebook. 2.1k people are following us on our page and 2.8K members in our Lung Cancer India Facebook group. We are a family of 438 on Instagram and 516 on LinkedIn till now.

We have added the patients and caregivers in our Support Group Meetings and the views on YouTube live and videos to reach to this figure. Our Initiative has benefitted 4588 patients. We have got a very overwhelming response 8th NGO Workshop live on YouTube too. We have also crossed 306 watch hours this month. We have a long way to go. If you support us, please do join us on social media.

