

Happy 100



BREATHING HOPE

“Celebrating 100th Meetings of Support and Strength for Lung Cancer Patients”

“On this momentous occasion, our hearts overflow with gratitude for the incredible tapestry of individuals who make our work possible. To our patients, your courage inspires us every day. To the caregivers, your unwavering dedication is a beacon of hope. To the doctors and speakers, your expertise lights the path forward. And to our colleagues, your unwavering support makes all the difference. Together, we are weaving a brighter future for patients and caregivers across the nation, and this is just the beginning”



SCAN TO JOIN OUR SOCIAL MEDIA PLATFORMS



SCAN TO JOIN THE ZOOM MEETING

Today is a momentous occasion for us Our 100th Support Group Meeting!

The journey started as a pan India movement from Mumbai (70 meetings so far). Keeping in mind the cultural diversity of India we started state wise chapters. UP-BIHAR (18 meetings) and Gujarat (11 meetings). Collectively we have touched lives of patients and their families 88 times and today it is our 100th. We couldn't have done this without you. Thank you!



8th March 2024 4:00 pm to 5:00 pm

Chemotherapy Induced Neuropathy - Causes and Management by Dr. Ajay Singh. Followed by Q&A session with Dr. Arnav Tongaonkar.



Dr. Kumar Prabhash



Dr. Sewanti Limaye



Dr. Vanita Noronha



Dr. Vijay Patil



Dr. Amit Kumar



Dr. Akhil Kapoor



Dr. Rushabh Kothari



Dr. Anil Tibrewal



Dr. Ajay K Singh
Speaker



Dr. Arnav Tongaonkar
Speaker



Ms Vandana Mahajan
Moderator



Dr. Trupti Pai



Dr. Sunil Chopade



Dr. Priya Eshpuniyani



Dr. Ameya Puranik



Dr. Kishore Kota



Ms Priti Arolkar



Mr Prabhat Sinha



Mr Ravi Prakash



Mr Paresh Shah



Mr Vivek Sharma



Mr Debulal Chakraborti



Md Rizwan



Ms Suchismita Das



Ms Sanjana Iyer



Mr Ambar Shrivastava



Mr Sanjeev Sharma

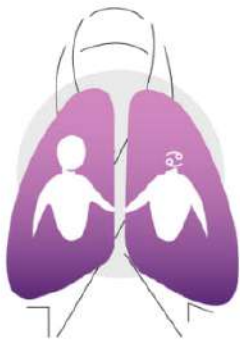
JOIN ZOOM MEETING

LINK: <https://us06web.zoom.us/j/5934928647?pwd=5G8XM0xYZVZBPSVEVAJlM5lPDKUJZDZ09>

MEETING ID: 593 492 9647

PASSWORD: 987123

“Empowering Lives, Inspiring Journeys: 100 Meetings of Lung Cancer Resilience”



**LUNG
CONNECT**

100TH SUPPORT GROUP MEETING

CHEMOTHERAPY INDUCED NEUROPATHY - CAUSES AND MANAGEMENT

KEY TAKEAWAYS

- Lung Connect successfully concluded its 100th Support Group Meeting which was held on 8th March, 2024 moderated by Ms Vandana Mahajan.
- Dr. Ajay Kumar Singh gave a very informative session on Chemotherapy Induced Neuropathy. He mentioned that if you have any tingling effect of anything unusual then you must always consult your doctor.
- As it was our 100th meeting, we had our mentors Dr Kumar, Dr Sewanti and Dr Vanita sharing their journey with Lung Connect.
- We had some patient voices who shared how they got benefitted from Lung Connect platform.
- We also had all our supporting doctors and dietician in the meeting.
- We heard our directors Mr Ravi and Mr Sanjeev as well.
- Dr. Arnav Tongaonkar addressed various questions from the meeting participants.

PANELISTS

DR. AJAY KUMAR SINGH
Medical Oncologist
Sunrise Oncology Center
Mumbai



DR. ARNAV TONGAONKAR
Medical Oncologist
Tata Memorial Hospital



DEBULAL CHAKROBORTY
Lung Cancer Warrior



23RD GERIATRICS OPD SUPPORT GROUP MEETING

Every fight becomes a little bit easier when we fight it together.



TOPIC OF DISCUSSION

Treatment modalities and Importance of Mental Health in Geriatric patients by
Ms. Lekhika Sonkusare.

We have Dr. Anita Kumar, Dr. Anupa Pillai and Dr. Arnav Tongaonkar as our support.
We also welcome our guest Mr Jagannath Shetty.

FRIDAY, MARCH 15 2024

4:00 pm



Mr Jagannath Shetty
Reiki Grandmaster
and Life Coach



Ms. Lekhika Sonkusare
Psycho- Oncologist



Dr. Anita Kumar
Geriatrician
Tata Memorial Hospital



Dr. Anupa Pillai
Geriatrician
Tata Memorial
Hospital



Dr. Arnav Tongaonkar
Medical Oncologist
Tata Memorial Hospital

JOIN US

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pwd=SG8xM0xzYzBpSVEyajlms1pxUjZEdz09](https://us06web.zoom.us/j/3934929647?pwd=SG8xM0xzYzBpSVEyajlms1pxUjZEdz09)



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3934929647
Pass code :- 987123



**LUNG
CONNECT**

101ST

LUNG CONNECT

**SUPPORT GROUP MEETING
UP-BIHAR**



MAR 20TH, 24



4 PM TO 5 PM

**TOPIC: Importance of Radiation Therapy in Lung Cancer Treatment.
Followed by question & answer session with Dr. Amit Kumar and Dr. Akhil Kapoor**



Dr. Ajay Choubey

Assistant Professor
Department of Radiation Oncology
MPMMCC & HBCH, Tata Memorial Centre,
Varanasi



Dr. Akhil Kapoor

Associate Professor, Medical Oncology
Tata Memorial Hospital, Varanasi



Dr. Amit Kumar

Senior Consultant, Medical Oncology
Medanta Superspeciality Hospital
Patna, Bihar



Ms. Antima Rai

Patient Navigator
Lung Connect Moderator



JOIN ZOOM MEETING



SCAN TO JOIN
THE ZOOM MEETING

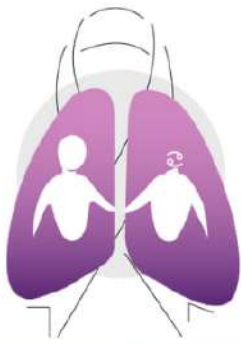


SCAN TO JOIN
OUR SOCIAL MEDIA

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MEETING ID: 393 492 9647

PASSCODE: 987123



**LUNG
CONNECT**

101ST SUPPORT GROUP MEETING, UP-BIHAR

IMPORTANCE OF RADIATION THERAPY IN LUNG CANCER TREATMENT

KEY TAKEAWAYS

- Lung Connect successfully concluded its 101st Support Group Meet, UP-Bihar which was held on 20th March, 2024.
- Dr. Ajay gave us useful insights on Radiation Therapy. He mentioned that Radiation generally helps locally. It can help patient to make the tumor smaller before surgery or finish the leftover cells after surgery or lessen the disease with chemo and radiation if surgery is not possible.
- Dr Akhil Kapoor helped the patients by answering their queries.
- 65 patients/ caregivers joined the session and online views are still counting.



PANELIST:

DR. AJAY CHOUBEY
Assistant Professor
Department of Radiation Oncology
MPMMCC & HBCH, Tata Memorial
Centre, Varanasi



DR. AKHIL KAPOOR
Associate Professor, Medical
Oncology
Tata Memorial Hospital, Varanasi



DR. AMIT KUMAR
Senior Consultant Medical
Oncology,
Medanta Hospital, Patna





**LUNG
CONNECT**

102ND LUNG CONNECT

SUPPORT GROUP MEETING, GUJARAT

TOPIC: Role of Ombudsman vis-a-vis Health Insurance

Followed by a Q&A session with Dr. Rushabh Kothari



Mr Manoj Kumar Parida

IAS (R)
INSURANCE OMBUDSMAN



Dr Rushabh Kothari

Consultant Medical Oncologist,
Oncowin Cancer Centre, Ahemdabad



Paresh Shah

Lung Cancer Patient
& Patient Advocate

FRIDAY



SAVE THE DATE
29th March, 2024

TIME

4:00 P.M.- 5:00 P.M.



JOIN ZOOM MEETING

LINK: [HTTPS://US06WEB.ZOOM.US/J/3934929647?pwd=SG8xM0xZyZBPSVEYAJLMS1PXUJZEDZ09](https://us06web.zoom.us/j/3934929647?pwd=SG8xM0xZyZBPSVEYAJLMS1PXUJZEDZ09)

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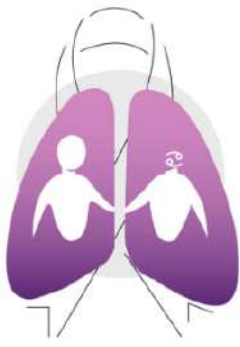
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SCAN TO JOIN
THE ZOOM MEETING



SCAN TO JOIN
OUR SOCIAL MEDIA



**LUNG
CONNECT**

102ND SUPPORT GROUP MEETING - GUJARAT

ROLE OF OMBUDSMAN VIS A VIS HEALTH INSURANCE

KEY TAKEAWAYS

- Lung Connect successfully concluded its 102nd Support Group Meet - Gujarat which was held on 29th March, 2024.
- Mr Manoj Kumar Parida and Mr Panda gave useful insight into the importance of understanding of the Ombudsman Insurance scheme.
- They said sometimes health Insurance companies sometimes deny but they try to help in this case financially as much as they can. (www.ciains.co.in) - Their website for further assistance.
- After the Insurance related talk, Dr. Rushabh Kothari addressed various questions from the meeting participants.

PENALISTS

Mr Manoj Kumar Parida
IAS (R)
Insurance Ombudsman



DR. RUSHABH KOTHARI
Consultant Medical Oncologist,
Oncowin cancer centre,
Ahemdabad.



PARESH SHAH
Lung Cancer Patient & Patient
Advocate, Lung Connect.

