

TOPIC:

Chemotherapy- Side-effects & Management by Dr Ravikrishna Madala

Followed by **Q&A** session by Dr Ajay Singh and Dr Rup Jyoti Sarma



Dr Ravikrishna Madala

MD DM (TMH Mumbai) Consultant Medical & Hemato oncologist KIMS Sunshine Hospital Begumpet Hyderabad



Dr Ajay Singh

Medical and Haemato Oncologist Medanta Hospitals Lucknow





Dr Rup Jyoti Sarma

Assistant Professor Medical Oncology Tata Memorial Hospital



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12th July, 2024 Friday, 4 to 5 pm



Ms Rasika Bombatkar

Lung Cancer warrior



Ms Vandana Mahajan

Cancer Expert Counsellor Moderator











112TH SUPPORT GROUP MEETING

CHEMOTHERAPY -SIDE-EFFECTS AND MANAGEMENT

KEY TAKEAWAYS

- Lung Connect successfully concluded its 112th Support Group Meet which was held on 12th July 2024.
- Dr Ravikrishna Madala gave some useful insights about chemotherapy. There are different types of chemotherapy depending on the stage and intent of the cancer.
- He spoke about some common side effects of chemotherapy like nausea, vomiting, constipation etc their management. If you see bleeding or fever above 100 you must visit the doctor.
- Today we had Dr Ajay and Dr Ashok who helped all the patients with their queries.
- We heard some words of wisdom from our young lung cancer warrior Ms. Rasika Bombatkar.
- The session was very well received.





PANELIST:

DR RAVIKRISHNA MADALA
MD DM(TMH Mumbai)
Consultant Medical & Hemato oncologist
KIMS SUNSHINE Hospital

KIMS SUNSHINE Hospita Hyderabad

DR AJAY KUMAR SINGH Medical and Haemato oncologist Medanta Hospital, Lucknow

DR RUP JYOTI SARMA
Assistant Professor
Medical Oncology
Tata Memorial Hospital

MS RASIKA BOMBATKAR Lung Cancer Warrior



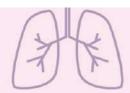






- For confirmation of diagnosis
 Negry
 HC
- For staging
 Imaging pet ct.
- To check fitness for therapy
 To check fitness for therapy









LUNG CONNECT

SUPPORT GROUP MEETING- UP- BIHAR



TOPIC: Supporting the Caregivers and Importance of Support Groups followed by Question and Answer session by Dr Akhil Kapoor and Dr Amit Kumar



Dr. Akhil Kapoor

Associate Professor, Medical Oncology Tata Memorial Hospital, Varanasi



Mr Mohammad Rizwan

Caregiver Member of Lung Connect



Dr. Amit Kumar

Senior Consultant Medical Oncology, Medanta Superspeciality Hospital Patna, Bihar



Ms Antima Rai

Patient Navigator Lung Connect Moderator



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MEETING ID: 393 492 9647

PASSCODE: 987123



113TH SUPPORT GROUP MEETING-UP-BIHAR

SUPPORTING CAREGIVERS AND IMPORTANCE OF SUPPORT GROUPS

KEY TAKEAWAYS

- Lung Connect conducted its 113th Support Group Meeting on 17th July, 2024.
- Mr Sanjeev Sharma had a talk in general about finance, importance of support groups and how to support caregivers.
- He said caregivers play a pivotal role in a cancer journey.
- Lung Connect is the first dedicated lung cancer Support Group in India.
- Dr Amit Kumar helped our participants with their queries.
- We also heard some words of wisdom from Mr Pradhan and Mrs Shalini.



PANELISTS:

DR. AKHIL KAPOOR
Associate Professor, Medical
Oncology
Tata Memorial Hospital, Varanasi

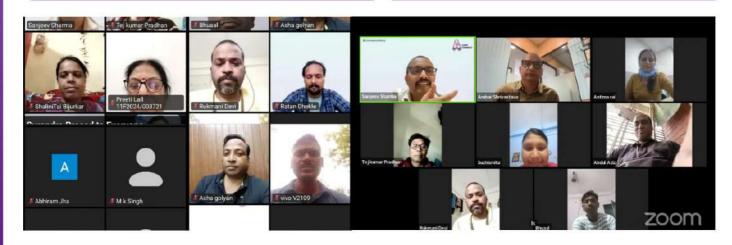


ANTIMA RAI
Cancer survivor and patient
navigator (lung connect) Moderator









27TH GERIATRICS OPD SUPPORT GROUP MEETING

Every fight becomes a little bit easier when we fight it together.



TOPIC OF DISCUSSION

Coping Strategies and Stress Management for caregivers of elderly cancer patients We have Dr. Anita Kumar, Dr. Anupa Pillai and Dr. Rup Jyoti Sarma as our support.

We also welcome our guest Dr Lekhika Sonkusare.



FRIDAY, JULY 19 2024

4:00 pm





Dr Lekhika Sonkusare Psycho Oncologist Tata Memorial Hospital



Dr. Anita Kumar Geriatrician Holy Family Hospital



Dr. Anupa Pillai Geriatrician Tata Memorial Hospital



Dr Rup Jyoti Sarma Assistant Professor Medical Oncologist Tata Memorial Hospital







TH LUNG CONNECT SUPPORT GROUP MEETING- GUJARAT CHAPTER

Topic: Importance of Yoga & Respiratory Exercise in **Lung Cancer Treatment**

Followed by a question & answer session with Dr. Rushabh Kothari



Ms Yogita Rajput

Singer and Yoga Practitioner



Dr Rushabh Kothari

Consultant Medical Oncologist, Oncowin cancer centre, Ahemdabad



Paresh Shah

Lung Cancer Patient & Patient Advocate,.



FRIDAY SAVE THE DATE

4:00 P.M.- 5:00 P.M.





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MEETING ID: 393 492 9647

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114TH SUPPORT GROUP MEETING - GUJARAT

IMPORTANCE OF YOGA AND RESPIRATORY EXERCISES FOR LUNG CANCER PATIENTS

KEY TAKEAWAYS

- Lung Connect successfully concluded its 114th Support Group Meeting - Gujarat which was held on 26th July, 2024.
- This time we had Ms Yogita who is a yoga practioner herself and has a good knowledge of Respiratory Exercises.
- She said that deep breathing is the best yoga that a person can practice daily.
- She emphasized on how people before practiced yoga in their day to day life and lived many years disease free.
- She practiced some exercises with our patients.
- Then, Dr Rup Jyoti solved the queries of the participants.

PENALISTS

MS. YOGITA RAJPUT
Yoga Practioner and Singer



DR. RUP JYOTI SARMA
Assistant Professor
Medical Oncology
Tata Memorial Hospital



MR. PARESH SHAH

Lung Cancer Patient & Patient

Advocate, Lung Connect.





