



## TOPIC:

Chemotherapy- Side-effects & Management by Dr Ravikrishna Madala

Followed by **Q&A** session by Dr Ajay Singh and Dr Rup Jyoti Sarma

# 112<sup>TH</sup> LUNG CONNECT

SUPPORT GROUP MEETING- INDIA



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12th July, 2024  
Friday, 4 to 5 pm



### Dr Ravikrishna Madala

MD DM ( TMH Mumbai )  
Consultant Medical & Hemato oncologist  
KIMS Sunshine Hospital  
Begumpet Hyderabad



### Dr Ajay Singh

Medical and Haemato Oncologist  
Medanta Hospitals  
Lucknow



### Dr Rup Jyoti Sarma

Assistant Professor  
Medical Oncology  
Tata Memorial Hospital



### Ms Rasika Bombatkar

Lung Cancer warrior



### Ms Vandana Mahajan

Cancer Expert Counsellor  
Moderator



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# 112TH SUPPORT GROUP MEETING

## CHEMOTHERAPY -SIDE-EFFECTS AND MANAGEMENT

### KEY TAKEAWAYS

- Lung Connect successfully concluded its 112th Support Group Meet which was held on 12th July 2024.
- Dr Ravikrishna Madala gave some useful insights about chemotherapy. There are different types of chemotherapy depending on the stage and intent of the cancer.
- He spoke about some common side effects of chemotherapy like nausea, vomiting, constipation etc their management. If you see bleeding or fever above 100 you must visit the doctor.
- Today we had Dr Ajay and Dr Ashok who helped all the patients with their queries.
- We heard some words of wisdom from our young lung cancer warrior Ms. Rasika Bombatkar.
- The session was very well received.



### PANELIST:

**DR RAVIKRISHNA MADALA**  
MD DM( TMH Mumbai )  
Consultant Medical & Hemato oncologist  
KIMS SUNSHINE Hospital  
Hyderabad



**DR AJAY KUMAR SINGH**  
Medical and Haemato oncologist  
Medanta Hospital, Lucknow



**DR RUP JYOTI SARMA**  
Assistant Professor  
Medical Oncology  
Tata Memorial Hospital



**MS RASIKA BOMBATKAR**  
Lung Cancer Warrior



- For confirmation of diagnosis
  - Biopsy
  - IHC
  - Molecular testing
- For staging
  - Imaging - pet ct
- To check fitness for therapy
  - CBC, RFT, LFT, ECG, JDECHO





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**SUPPORT GROUP MEETING- UP- BIHAR**

**📅 17TH JULY, 2024 ⌚ 4:00PM TO 5:00PM**

**TOPIC: Supporting the Caregivers and Importance of Support Groups followed by Question and Answer session by Dr Akhil Kapoor and Dr Amit Kumar**



**Dr. Akhil Kapoor**

Associate Professor, Medical Oncology  
Tata Memorial Hospital, Varanasi



**Mr Mohammad Rizwan**

Caregiver  
Member of Lung Connect



**Dr. Amit Kumar**

Senior Consultant Medical Oncology,  
Medanta Superspeciality Hospital  
Patna, Bihar



**Ms Antima Rai**

Patient Navigator  
Lung Connect Moderator



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MEETING ID: 393 492 9647

PASSCODE: 987123



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# 113TH SUPPORT GROUP MEETING- UP- BIHAR

**SUPPORTING CAREGIVERS AND IMPORTANCE OF SUPPORT GROUPS**

## KEY TAKEAWAYS

- Lung Connect conducted its 113th Support Group Meeting on 17th July, 2024.
- Mr Sanjeev Sharma had a talk in general about finance, importance of support groups and how to support caregivers.
- He said caregivers play a pivotal role in a cancer journey.
- Lung Connect is the first dedicated lung cancer Support Group in India.
- Dr Amit Kumar helped our participants with their queries.
- We also heard some words of wisdom from Mr Pradhan and Mrs Shalini.



## PANELISTS:

**DR. AKHIL KAPOOR**  
Associate Professor, Medical  
Oncology  
Tata Memorial Hospital, Varanasi



**DR. AMIT KUMAR**  
Senior Consultant Medical  
Oncology,  
Medanta Hospital, Patna



**ANTIMA RAI**  
Cancer survivor and patient  
navigator (lung connect) Moderator



# 27TH GERIATRICS OPD SUPPORT GROUP MEETING

Every fight becomes a little bit easier when we fight it together.



## TOPIC OF DISCUSSION

Coping Strategies and Stress Management for caregivers of elderly cancer patients  
We have Dr. Anita Kumar, Dr. Anupa Pillai and Dr. Rup Jyoti Sarma as our support.  
We also welcome our guest Dr Lekhika Sonkusare.

FRIDAY, JULY 19 2024

4:00 pm



Dr Lekhika Sonkusare  
Psycho Oncologist  
Tata Memorial Hospital



Dr. Anita Kumar  
Geriatrician  
Holy Family Hospital



Dr. Anupa Pillai  
Geriatrician  
Tata Memorial Hospital



Dr Rup Jyoti Sarma  
Assistant Professor  
Medical Oncologist  
Tata Memorial Hospital

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# 114<sup>TH</sup> LUNG CONNECT

## SUPPORT GROUP MEETING- GUJARAT CHAPTER

**Topic: Importance of Yoga & Respiratory Exercise in Lung Cancer Treatment**

**Followed by a question & answer session with Dr. Rushabh Kothari**



**Ms Yogita Rajput**

Singer and Yoga Practitioner



**Dr Rushabh Kothari**

Consultant Medical Oncologist,  
Oncowin cancer centre, Ahemdabad



**Paresh Shah**

Lung Cancer Patient  
& Patient Advocate,.

**FRIDAY**



**SAVE THE DATE**  
26th July, 2024

**TIME**

4:00 P.M.- 5:00 P.M.



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# 114TH SUPPORT GROUP MEETING - GUJARAT

**IMPORTANCE OF YOGA AND RESPIRATORY EXERCISES FOR  
LUNG CANCER PATIENTS**

## KEY TAKEAWAYS

- Lung Connect successfully concluded its 114th Support Group Meeting - Gujarat which was held on 26th July, 2024.
- This time we had Ms Yogita who is a yoga practitioner herself and has a good knowledge of Respiratory Exercises.
- She said that deep breathing is the best yoga that a person can practice daily.
- She emphasized on how people before practiced yoga in their day to day life and lived many years disease free.
- She practiced some exercises with our patients.
- Then, Dr Rup Jyoti solved the queries of the participants.

## PENALISTS

**MS. YOGITA RAJPUT**  
Yoga Practitioner and Singer



**DR. RUP JYOTI SARMA**  
Assistant Professor  
Medical Oncology  
Tata Memorial Hospital



**MR. PARESH SHAH**  
Lung Cancer Patient & Patient  
Advocate, Lung Connect.

