



**LUNG
CONNECT**

TOPIC:

Nutrition - Importance and Management in lung cancer by Ms. Priti Arolkar.

**FOLLOWED BY Q&A SESSION BY
DR. AJAY SINGH &
DR. ARNAV TONGAONKAR**

69TH

**LUNG
CONNECT**
SUPPORT GROUP MEETING



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Zoom Meeting



12th January, 2024
Friday, 4 to 5 pm



Ms Priti Arolkar

Dietitian
Tata Memorial Hospital, Mumbai



Dr Ajay Singh

Medical Oncologist
Sunrise Oncology Center
Mumbai



Dr Arnav Tongaonkar

Medical Oncologist
Tata Memorial Hospital,
Mumbai



Ms Khushi Somani

Lung Cancer warrior



Ms Vandana Mahajan

Cancer Expert Counsellor
Moderator



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**LUNG
CONNECT**

SUPPORT GROUP MEETING

NUTRITION - IMPORTANCE AND MANAGEMENT DURING LUNG CANCER

KEY TAKEAWAYS

- Lung Connect conducted its 69th Support Group Meeting which was held on 12th January, 2024.
- Ms Vandana Mahajan welcomed the meet participants and introduced the topic following which Ms Priti Arolkar gave a very informative session on how important is diet and nutrition during lung cancer treatment.
- Dr. Arnav Tongaokar then addressed multiple participants' case-related queries offering advice and course for action.
- In conclusion we heard few words of wisdom from Ms Khushi Somani about her experiences with Lung Cancer.



PANELISTS:

DR ARNAV TONGAONKAR
Medical Oncologist
Tata Memorial Hospital



MS PRITI AROLKAR
Dietician
Tata Memorial Hospital



MS KHUSHI SOMANI
Young Lung Cancer warrior



MS VANDANA MAHAJAN
Cancer Counsellor
Moderator





**LUNG
CONNECT**

17TH

LUNG CONNECT

**UP-BIHAR SUPPORT GROUP
MEETING**



17TH JAN, 24



4 PM TO 5:30 PM

**TOPIC: Physiotherapy and it's relevance in Lung Cancer by Dr. Manali Kamat.
Followed by question & answer session with Dr Amit Kumar and Dr. Akhil.Kapoor**



Dr. Manali Kamat

Physiotherapist
Tata Memorial Hospital, Mumbai



Dr. Akhil Kapoor

Medical Oncologist
Tata Hospital, Varanasi



Dr. Amit Kumar

Medical Oncologist,
Medanta Superspeciality Hospital
Patna, Bihar



Ms. Antima Rai

Patient Navigator
Lung Connect Moderator



JOIN ZOOM MEETING



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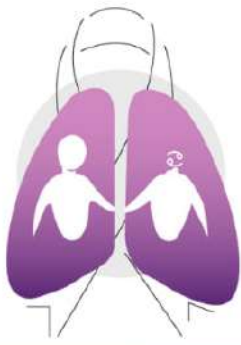


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MEETING ID: 393 492 9647

PASSCODE: 987123



**LUNG
CONNECT**

UP-BIHAR 17TH SUPPORT GROUP MEETING

PHYSIOTHERAPY AND IT'S RELEVANCE IN LUNG CANCER

KEY TAKEAWAYS

- Lung Connect successfully concluded its 17th UP-Bihar Support Group Meet which was held on 17th January, 2024.
- Dr. Manali gave us useful insights and the importance of incorporating Physiotherapy during lung cancer treatment and answered all the doubts of the viewers regarding the same. She also showed how to do some common exercises to the patients with her presentation.
- Dr Amit and Dr Akhil helped patients by answering their queries.
- 45 patients/ caregivers joined the session and online views are still counting.



PANELIST:

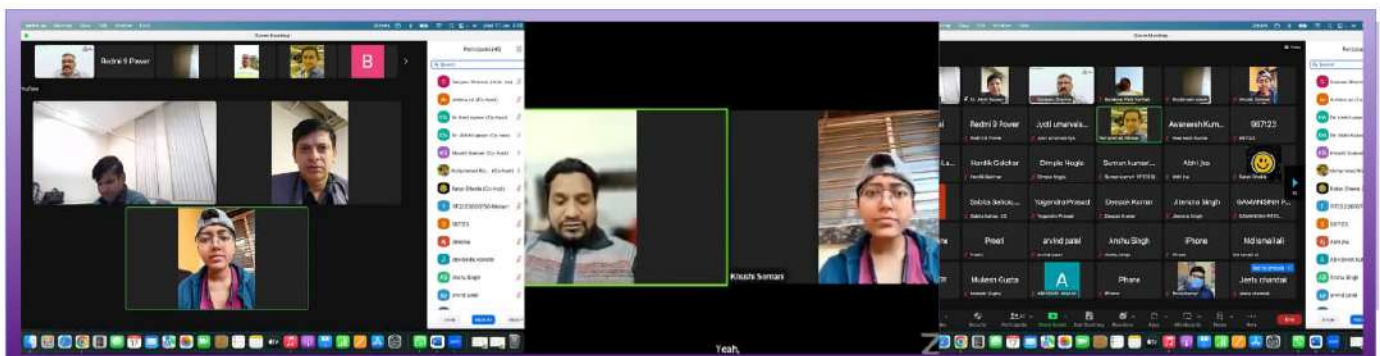
DR. MANALI KAMAT
PHYSIOTHERAPIST,
Tata Memorial Hospital



DR. AKHIL KAPOOR
Associate Professor, Medical
Oncology
Tata Memorial Hospital, Varanasi



DR. AMIT KUMAR
Senior Consultant Medical
Oncology,
Medanta Hospital, Patna



GERIATRICS OPD SUPPORT GROUP MEETING

Every fight becomes a little bit easier when we fight it together.



TOPIC OF DISCUSSION

Treatment modalities and Importance of Diet in Geriatric patients by
Dr. Purabi Kedar Mahajan.

We have Dr. Anita Kumar, Dr. Anupa Pillai and Dr. Arnav Tongaonkar as our support.
We also welcome our guest Ms. Neeta Bajaj for Doodling.

FRIDAY, JANUARY 19 2024

4:00 pm



Ms. Purabi Kedar Mahajan
Dietician
Tata Memorial Hospital



Dr. Anita Kumar
Geriatrician
Tata Memorial Hospital



Dr. Anupa Pillai
Geriatrician
Tata Memorial Hospital



Dr. Arnav Tongaonkar
Medical Oncologist
Tata Memorial Hospital

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<https://us06web.zoom.us/j/39349296472>

Meeting Id:-
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**LUNG
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10TH LUNG CONNECT

GUJARAT SUPPORT GROUP MEETING

TOPIC: Understanding doctor's prescription

Followed by a Q&A session with Dr. Rushabh Kothari



Dr Arshiya Sehgal



Dr Rushabh Kothari

Consultant Medical Oncologist,
Oncowin Cancer Centre, Ahemdabad



Paresh Shah

Lung Cancer Patient
& Patient Advocate

FRIDAY



SAVE THE DATE
26th January, 2024

TIME

4:00 P.M.- 5:00 P.M.



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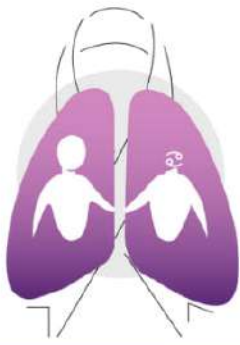
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**LUNG
CONNECT**

GUJARAT 10TH SUPPORT GROUP MEETING

UNDERSTANDING DOCTOR'S PRESCRIPTION AND IMPORTANCE OF COMPLIANCE

KEY TAKEAWAYS

- Lung Connect successfully concluded its 10th Gujarat Support Group Meet which was held on 26th January, 2024.
- Dr Arshiya Sehgal gave useful insight into the importance of understanding the doctor's prescription in the treatment of lung cancer.
- She tells us about some common drugs that can be taken during the side effects of the treatment. She mentioned that nothing must be hidden from your treating oncologist.
- After Dr. Arshiya's session, Dr. Rushabh Kothari addressed various questions from the meeting participants.

PENALISTS

Dr Arshiya Sehgal
Medical Oncologist
Mumbai.



DR. RUSHABH KOTHARI
Consultant Medical Oncologist,
Oncowin cancer centre,
Ahemdabad.



PARESH SHAH
Lung Cancer Patient & Patient
Advocate, Lung Connect.



ANTI-VOMITING DRUGS

Ondansetron Orally
Disintegrating Tablets
EMVOMET 8MG

- used to treat nausea and vomiting.
- Used before, during chemotherapy and radiotherapy
- Place the tablet on tongue with dry hands where it dissolve in few sec and swallow it with saliva.