



TOPIC:

Importance of Palliative Care in Lung Cancer by Dr Avinash Tiwari.

FOLLOWED BY Q&A SESSION BY DR. DEEP VORA.

103rd

LUNG CONNECT

SUPPORT GROUP MEETING
INDIA



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12th April, 2024
Friday, 4 to 5 pm



Dr Avinash Tiwari

Lead consultant Pain, Palliative Medicine and Supportive Oncology
Sanjeevani CBCC USA Cancer Hospital Raipur



Dr Deep Vora

Assistant professor
Medical oncology,
Tata Memorial Hospital.



Mr Abdul Aziz

Lung Cancer warrior



Ms Vandana Mahajan

Cancer Expert Counsellor
Moderator



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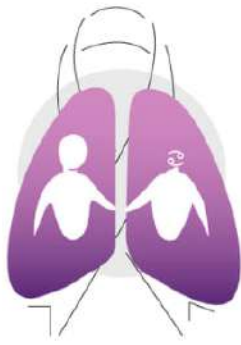
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**LUNG
CONNECT**

103RD SUPPORT GROUP MEETING

IMPORTANCE OF PALLIATIVE CARE IN LUNG CANCER

KEY TAKEAWAYS

- Lung Connect successfully concluded its 103rd Support Group Meeting which was held on 12th April 2024.
- Dr. Avinash Tiwari gave a very insightful session about Palliative Care. He said that Palliative Care was thought as EOL treatment 30 years back, now Palliative Care has changed a lot and every patient has the right to be pain free.
- Dr. Deep Vora solved all the queries of the meeting participants.
- We heard a few words of wisdom from Mr Abdul Aziz.



PANELIST:

DR AVINASH TIWARI
LEAD CONSULTANT PAIN, PALLIATIVE
MEDICINE AND SUPPORTIVE ONCOLOGY
SANJEEVANI CBCC USA CANCER
HOSPITAL RAIPUR



DR DEEP VORA
ASSISTANT PROFESSOR MEDICAL
ONCOLOGY, TATA MEMORIAL
HOSPITAL.



ABDUL AZIZ
LUNG CANCER WARRIOR





**LUNG
CONNECT**

104TH

LUNG CONNECT

**SUPPORT GROUP MEETING
UP-BIHAR**



APRIL 17TH, 24 🕒 4 PM TO 5 PM

TOPIC: Usefulness of Music Therapy in Lung Cancer

Followed by question & answer session with Dr. Amit Kumar and Dr. Akhil Kapoor



Ms. Binal Shah

Music therapist
Founder Aaroha



Dr. Akhil Kapoor

Associate Professor, Medical Oncology
Tata Memorial Hospital, Varanasi



Dr. Amit Kumar

Senior Consultant, Medical Oncology
Medanta Superspeciality Hospital
Patna, Bihar



Ms. Antima Rai

Patient Navigator
Lung Connect Moderator



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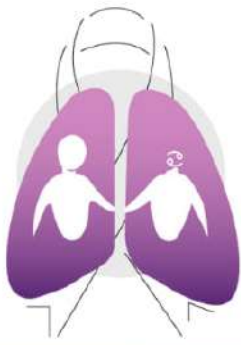


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MEETING ID: 393 492 9647

PASSCODE: 987123



**LUNG
CONNECT**

104TH SUPPORT GROUP MEETING, UP-BIHAR

USEFULNESS OF MUSIC THERAPY IN LUNG CANCER

KEY TAKEAWAYS

- Lung Connect successfully concluded its 104th Support Group Meet, UP-Bihar which was held on 17th April, 2024.
- Ms. Binal spoke about how music is an integral part of life and various other techniques. She said you must always keep listening to your favourite song. She sang a few songs for everyone and played certain instruments as well. Sometimes music also helps us to show our emotions.
- Dr Amit Kumar helped the patients by answering their queries.
- 70 patients/ caregivers joined the session and online views are still counting.



PANELIST:

MS. BINAL SHAH

Music Therapist
Founder Aaroha



DR. AKHIL KAPOOR

Associate Professor, Medical
Oncology
Tata Memorial Hospital, Varanasi



DR. AMIT KUMAR

Senior Consultant Medical
Oncology,
Medanta Hospital, Patna





**LUNG
CONNECT**

105TH

LUNG CONNECT

SUPPORT GROUP MEETING- GUJARAT CHAPTER



26TH APRIL, 24



4 PM TO 5 PM

TOPIC: Understanding the Role of Nutrition in Lung Cancer Treatment



Shruti Bhardwaj

Senior Clinical Dietician, Narayana Hrudalaya
Multi Speciality Hospital, Ahmedabad.
(Team Coordinator IDA Gujarat Chapter)



Dr. Rushabh Kothari

Consultant Medical Oncologist,
Oncowin cancer centre, Ahemdabad.



Paresh Shah

Lung Cancer Patient & Patient
Advocate, Lung Connect



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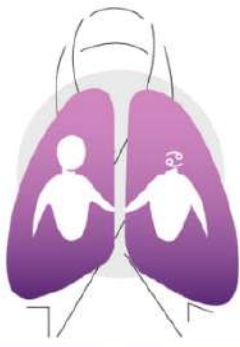
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**LUNG
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105TH SUPPORT GROUP MEETING - GUJARAT

UNDERSTANDING THE ROLE OF NUTRITION IN LUNG CANCER

KEY TAKEAWAYS

- Lung Connect successfully concluded its 105th Support Group Meet - Gujarat which was held on 26th April, 2024.
- Dr Shruti gave us some useful insights about how Nutrition is important during Lung Cancer Treatment. She talked about Oral Hygiene too.
- She put some light on a myth resolving around social media nowadays on sugar. She said eating your food is much more important than drinking juice in terms of Nutrition.
- After the diet and nutrition related talk, Dr. Rushabh Kothari addressed various questions from the meeting participants.

PENALISTS

Dr Shruti K Bhardwaj
Chief Clinical Dietician
ZydusHospitals, Ahmedabad



DR. RUSHABH KOTHARI
Consultant Medical Oncologist,
Oncowin cancer centre,
Ahemdabad.



PARESH SHAH
Lung Cancer Patient & Patient
Advocate, Lung Connect.

